



THE UNIVERSITY  
of ADELAIDE

# Counselling and Psychotherapy

2025 Admissions Guide



make  
history.




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### SATAC Code

3GC056 (Graduate Certificate)  
 3GD072 (Graduate Diploma)  
 3CM146 (Masters)

### CRICOS

072306G (Graduate Certificate)  
 072305J (Graduate Diploma)  
 091225G (Masters)

### Duration

6 months full-time (Graduate Certificate) (or part-time equivalent)  
 12 months full-time (Graduate Diploma) (or part time equivalent)  
 2 years full-time (Masters) (or part-time equivalent)

### Location

North Terrace Campus

### Intake

February 2025

### Mid-year entry

Not available

### Deferral

Yes- up to two years

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[adelaide.edu.au/degree-finder](https://adelaide.edu.au/degree-finder)

Search: Counselling and Psychotherapy

**Learn to support others in exploring and overcoming emotional, mental and lifestyle issues.**

**Counselling is a rewarding career choice for those who want to work with people, develop personal wisdom and transform lives.**

**Now offering specialised training in trauma counselling.**

### What will you do?

Our Master of Counselling and Psychotherapy supports the development of ethically aware, research-informed and clinically effective counsellors. You will:

- learn from academics with extensive professional counselling experience
- build hands-on skills through experiential learning
- benefit from case-based learning
- gain a core understanding of counselling theories, grief, attachment theory, trauma, and ethical practice
- develop skills in a range of therapies including CBT, Narrative Therapy, Emotion-Focused Therapy, and Expressive Therapies

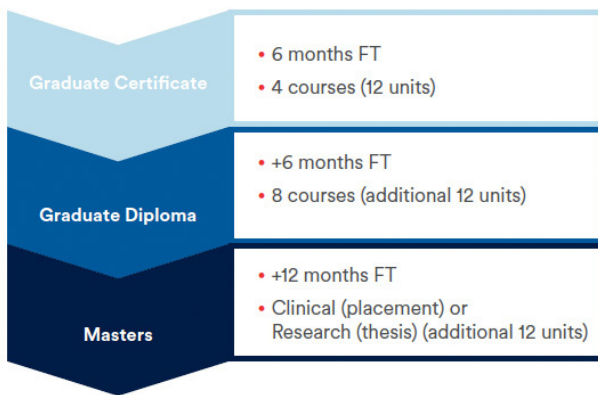
From second year you will begin tailoring your studies to your personal interests, eventually choosing between the clinical, trauma, or research specialisation pathway.

### Career Opportunities

Graduates obtain employment across a wide range of mental health and community services. You could support young people in your community through counselling and programs in schools or youth work. Perhaps you'll be a relationship or return-to-work counsellor. You may be employed in AOD counselling, a hospital setting, or aged care.

Our clinical pathway graduates can register as a provisional member with the Psychotherapy and Counselling Federation of Australia or as a level 2 member with the Australian Counselling Association. After further clinical experience, graduates are eligible to apply for full registration. Our new trauma specialisation also allows students to register with PACFA and ACA as a trauma specialist.

## Our nested program



## Accreditation

Our Graduate Diploma is accredited with the Australian Counselling Association, enabling you to become a member of this professional body upon completion of the program.

Our Masters program (clinical and trauma specialisation) is accredited with both the Australian Counselling Association and the Psychotherapy and Counselling Federation of Australia, enabling you to become a member of both professional bodies upon completion of the program.

## Selection criteria

- Applicants to the Graduate Certificate, Graduate Diploma and Masters must have a completed a Bachelors degree or equivalent
- Casper Situation Judgement Test (CSJT) and performance in an interview

International applicants must also satisfy English Language Requirements, as specified below.

## English language requirements

### Australian Year 12

Successful completion of an Australian year 12 qualification with a minimum pass in an accepted English language subject

### English tests accepted by the University of Adelaide

	Overall	Reading	Listening	Speaking	Writing
IELTS	7	7	7	7	7
TOEFL	94	24	24	23	27
Pearsons	65	65	65	65	65
Cambridge	185	185	185	185	185

The University also accepts the Occupational English Test (OET) with a minimum result of B/score of 350 in each of the four components (listening, reading, writing and speaking).

A range of alternative qualifications may meet the University's minimum English requirements.

## Aboriginal and Torres Strait Islander People

The Faculty of Health and Medical Sciences is committed to increasing the number of Aboriginal and Torres Strait Islander people who participate in programs, and makes particular effort to encourage Indigenous students to participate in Health Education.

## General eligibility for placements

Students enrolled in the Masters Program who undertake clinical placements or research projects involving children or people who are ill, elderly, or vulnerable are required to demonstrate clearance by producing a criminal history check, obtained through a Department for Communities and Social Inclusion (DCSI). International students are required to obtain a certificate from their home country.

You will learn more about the requirements for Clinical Placement during Orientation. For more details, visit: [health.adelaide.edu.au/student-support/clinical-placements](http://health.adelaide.edu.au/student-support/clinical-placements)

## Inherent Requirements

Counselling and Psychotherapy training offered at the University of Adelaide prepares students for a complex and demanding profession. It requires specific behavioural, cognitive, and emotional competency to ensure safe, ethical, and effective work with clients. These competencies are inherent requirements which are needed to successfully complete the course of study, and are outlined by the professional accrediting bodies the Psychotherapy and Counselling Federation of Australia (PACFA) and the Australian Counselling Association (ACA) to become a registered Counsellor / Psychotherapist.

## How to apply

The selection process occurs over two rounds in September and December. For the September round, that is close of business 14 August 2024, and for the December round that is close of business 23 October 2024\* (See Key Dates).

Domestic applicants must apply via SATAC.

International applicants must apply via: [international.adelaide.edu.au/admissions/how-to-apply/apply-now](http://international.adelaide.edu.au/admissions/how-to-apply/apply-now)

Late applications to the suite of Counselling and Psychotherapy programs will not be considered.

All applicants must also:

- Provide official transcript or finalised results able to be verified by the University of Adelaide showing a completed Bachelor level degree or equivalent. If Bachelor degree or equivalent is not completed the academic record must show the applicant is in their final semester of a Bachelor level degree or equivalent.
- have Casper Situational Judgment Test (CSJT) results that can be accessed by the University of Adelaide by the relevant date for the round in which they are applying.
- Attend an interview if invited.

If the University have not received either your finalised grades into your application via SATAC or the International Application System or your CSJT result by the relevant application date listed above, your application will not progress any further and you will not be eligible for an invitation to attend an interview.

## Interview Invitations

Invitations to attend an interview will be extended based on performance on the CSJT. The CSJT is an online, open-response situational judgment test. It asks what you would do in a tough situation, and more importantly, why. The test is designed to ensure applicants are not only academically capable, but also possess suitable personal and professional qualities that make

them more likely to succeed in the profession.

For more information, visit: [acuityinsights.app/casper](https://acuityinsights.app/casper).

The University will receive the CSJT result directly from Acuity Insights (normally within two weeks after each test). This must also be received by the relevant application closing date for the round in which they are applying.

You will be assessed for eligibility for interview at the closing date of applications. Changes to your preferences after this date will not be considered in assessing your eligibility for interview.

Invitations to attend an interview will be sent to the email address included in either your application registered on SATAC or our International Application System. The email address used for your CSJT must match either your application registered on SATAC or our International Application System otherwise your application will not progress further. Please ensure that you check your spam/junk filter regularly in the lead up to interview rounds.

**Please note:** The University cannot be held responsible if your email set-up filters the University's email into a SPAM, Junk or other such folder – you are advised to check your email settings.

### Booking an Interview

Your invitation to interview will contain all of the information needed to book your interview time. Applicants will be able to select from a range of times within the defined interview period on a first come, first served basis. Whilst the booking system is open, you can cancel and reschedule your interview.

Once you book an interview you will be provided with further information and links to access your interview via Zoom.

### Interview Preparation

All interviews for the 2025 intake will be conducted via video conferencing only. These interviews will be conducted by Zoom. The interview will include a number of questions relevant to counselling practice, and typically takes 10 to 15 minutes.

You will need to ensure that you are alone in a private location, ensuring that you do not talk, listen to or otherwise communicate with another person during the course of the interviews, and ensuring that you do not take or access any form of notes (physical or electronic) during the course of the interviews. A surroundings check of your environment will be conducted by University of Adelaide admissions staff before your interview to ensure these conditions are met. If you breach any of the interview conditions, your interview may be cancelled and you will be made ineligible for consideration for the program.

### Rescheduling Interviews

An interview will not be rescheduled for reasons such as (but not limited to): travel plans, work commitments or you did not check your eligibility or book an interview within the time frame, conflicting interviews times with other universities, logging in late, or missing the interview.

All interview bookings are scheduled in Adelaide time (September interviews in ACST, December interviews in ACDT).

It is important that applicants are aware of the time difference from their location. Logging in to the interview late due to time zone miscalculation is not grounds for reschedule or appeal [e.g. 12 pm ACDT (Adelaide) = 12.30 pm AEDT (Sydney, Melbourne)].

A request to reschedule under medical or compassionate

circumstances only can be made via email to the Faculty of Health and Medical Sciences, with supporting documentation, for consideration within 24 hours of the original interview.

Please submit your request to:

[uoaapplications@adelaide.edu.au](mailto:uoaapplications@adelaide.edu.au). No requests on behalf of an applicant will be considered.

### Offers

Ranking for offers may be based on a combination of scores from the following:

- Interview Performance
- Casper Situational Judgement Test (CSJT)

Offers to successful applicants will be made by either SATAC or our International Application System. The University of Adelaide reserves the right to make offers outside of the formal advertised SATAC offer rounds.

Feedback on your performance and overall ranking will not be released by the University. Information regarding applicants and their applications is confidential and will not be released to an advocate of the applicant, whether family or friends. No appeals on behalf of an applicant will be considered.

We are unable to provide details on the content of interviews and any requests for such information will be declined.

### Quotas

Entry to this degree is competitive, and strict intake numbers apply. Offers will be made until quota has been filled.

### Key Dates

Both Domestic SATAC & International applications close on 14 August 2024 (September round) and 23 October 2024 (December round).

The University will receive the CSJT result directly from Acuity Insights. You will need to sit the CSJT by August to be considered for the September round and no later than October for the December round otherwise candidates (if eligible) will miss out on interview spots. (See Acuity dates: <https://my.acuityinsights.app/dates-times>)

Interviews are in September and December 2024.

Offer rounds will commence from September 2024 and continue into January 2025.

Orientation will commence in February 2025..

## Further enquiries

The University of Adelaide SA 5005  
Australia

**Phone** +61 8 8313 7335

**Free-call** 1800 061 459

**Web** [adelaide.edu.au](http://adelaide.edu.au)

**Facebook**

[facebook.com/uniofadelaid](https://facebook.com/uniofadelaid)

**Twitter** [twitter.com/uniofadelaid](https://twitter.com/uniofadelaid)

**Snapchat**

[snapchat.com/add/uniofadelaid](https://snapchat.com/add/uniofadelaid)

**Instagram**

[instagram.com/uniofadelaid](https://instagram.com/uniofadelaid)

**Wechat** UniAdelaide\_China

**Weibo** [weibo.com/uniofadelaid](https://weibo.com/uniofadelaid)

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CRICOS 00123M

### **Kurna acknowledgement**

We acknowledge and pay our respects to the Kurna people, the original custodians of the Adelaide Plains and the land on which the University of Adelaide's campuses at North Terrace, Waite, and Roseworthy are built. We acknowledge the deep feelings of attachment and relationship of the Kurna people to country and we respect and value their past, present and ongoing connection to the land and cultural beliefs. The University continues to develop respectful and reciprocal relationships with all Indigenous peoples in Australia, and with other Indigenous peoples throughout the world.