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# 2021 THIRD YEAR INTERNSHIP OPPORTUNITIES GUIDE

HLTH SC 3014 Work-Integrated Learning (Public Health)

[adelaide.edu.au](https://adelaide.edu.au)

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## **Third Year Work Integrated Learning (Public Health) internships**

The Work Integrated Learning course provides the opportunity to combine workplace experience in public health settings with academic study. During the course, students complete a substantial project that involves the application of public health research skills and knowledge to a work environment. Students are allocated placements from a range of offerings which include government and non-government agencies.

This guide describes the internship placements available to students in HLTH SC3014 Work-Integrated Learning (Public Health).

This course cannot be taken with the Research Placement courses in the Bachelor of Health and Medical Sciences or Bachelor of Health and Medical Sciences (Advanced).

Some placements may require police checks, or other special requirements, which must be organised by students in advance of the placement start date, at their own expense.

**PLEASE NOTE: Examples of individual projects are indicative only. Specific details of Internship tasks/activities will be finalised in conjunction with the Host Organisation's priorities.**

### **How to apply**

For further information contact the course coordinator, or the placements coordinator in the School of Public Health.

#### **Course & Placement Coordinator**

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## **GPEX**

GPEX is the South Australian Training Organisation which delivers training to doctors selected to specialise in general practice in Australia. GPEX provides training to GP registrars working in both urban and rural settings to achieve a Fellowship of the Australian College of Rural and Remote Medicine (FACRRM) and/or Fellowship of Royal Australian College of General Practitioners (FRACGP). GPEX also deliver professional development for GPs and primary health care professionals.

GPEX's mission is to deliver high quality, responsive and forward thinking education and training, that provides South Australia with a skilled and sustainable General Practice workforce which meets the needs of local communities. GPEX, is committed to excellence in medicine and general practice, and they continue looking for new and innovative ways to train tomorrow's GPs.

<https://gpex.com.au>

### ***Example projects***

#### **Improving support for rural registrars**

**Location of Placement:** Unley, SA.

##### **Summary of Activity/Tasks:**

We currently have a shortage of rural GPs which will affect service delivery to South Australian rural communities. The GPEX graduate tracking study shows that GP registrars who have had positive experiences during training often choose to remain working in a rural practice after graduation. Therefore, positive experiences during GP training are extremely important.

In order to deliver quality training, and to encourage registrars to consider future rural practice, GPEX regularly review the training and support provided. As such, we have a suite of evaluations that collect information regarding satisfaction with training and support.

Based on GPEX feedback and evaluation, there are a number of opportunities that have been identified to better support our rural registrars and maximise their rural placement experiences. In many instances support is available, but registrars are unaware of this support.

Example of project tasks/activities:

A review of the results from the recent rural registrar focus group, and other evaluations, and work with a project working group to confirm priority areas requiring better communication and/or development. Based on these areas, the student would collate relevant information and work with the Research and Innovation team, and the broader Education team (including Medical Educators) to develop a user-friendly resource to support registrars who are about to enter, or are already within, rural General Practice.

- Development of a project plan.
- Working with the project working group to plan and implement the project.
- Review and synthesis of existing evaluation results regarding rural support.
- Research and synthesise information regarding existing support (as relevant).

- Identify areas requiring development.
- Develop a user-friendly resource to support registrars who are about to enter, or are already within, rural General Practice.
- Develop a plan/recommendations for other support/training requiring development.

**Expected outcomes:** A report written that outlines the background, aims, method, results, discussion and recommendations. Priority recommendations for program improvement will be developed in conjunction with the working group. A presentation of the findings would be delivered to relevant GPEx personnel.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## **Evaluation of GPEx rural professional development program**

**Location of Placement:** Unley, SA.

### **Summary of Activity/Tasks:**

GPEx deliver a program of activities for GPs and other primary health care professionals based in rural South Australia. The program primarily includes workshops and webinars planned to meet local regional learning needs. Learning activities are evaluated post event to determine immediate participant satisfaction.

However, a broader evaluation is proposed, to examine the longer term benefits of the program to participants, local primary health workforce teams and the community. This evaluation would include:

- Planning by a project working group, with the support of the student, and under the supervision of Dr Taryn Elliott.
- A review of the literature to determine different models used to evaluate rural primary health professional development and establish baselines.
- Analysis of regional attendance data to seek trends in GPs and other primary health care professionals choosing to attend/not attend the events.
- Analysis of attendance data pertinent to specific regions in Rural South Australia.
- Review of existing program evaluation trends.
- Completion of phone-based qualitative evaluation interviews with attendees identified through the project working group and data analysis.
- Analysis of interviews.
- Reporting on outcomes of analysis.

**Expected outcomes:** It is expected that a report would be written that outlines the background, aims, method, results, discussion and recommendations. Recommendations for program improvement will be developed in conjunction with the working group. It is expected that a presentation of the findings will be delivered to relevant GPEx personnel

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## BetterStart

The [BetterStart](#) Child Health and Development Research Group at The University of Adelaide aims to understand how to ensure children have the best start to life. BetterStart is led by Professor John Lynch, an internationally recognised scholar in epidemiology and public health. The interdisciplinary team have backgrounds in epidemiology, public health, nutrition, paediatrics, biostatistics and psychology.

We use a range of data sources to investigate research questions related to child and family health and wellbeing, including the Better Evidence Better Outcomes Linked Data (BEBOLD) platform. BEBOLD holds linked de-identified administrative data for over 450,000 South Australian children born from 1991 onwards, and their parents and carers. It is an ongoing sustainable platform with data custodians contributing information spanning health, education, welfare and social services, including child protection.

We collaborate closely with government partners who share our vision for providing better evidence to inform policy, program and practice decisions that improve outcomes for all children, and for disadvantaged children in particular.

The following three internship projects with BetterStart will build skills in epidemiology, hands-on data management, analysis using statistical software, and interpretation and communication of evidence. Specific projects will be negotiated with students based on capability and skills.

### *Example projects*

#### Data analytics

**Location of Placement:** Adelaide, SA

#### Summary of Activity/Tasks:

- Undertake descriptive epidemiological analytics that can involve publically available data (e.g. from Australian Bureau of Statistics, or data.gov.au) or simulated data from the BEBOLD platform.
- Communicate findings in written report, or with data visualisation using programs such as Tableau.
- Attend regular meetings with the BetterStart team.

#### Expected outcomes:

- Develop skills in data management, analysis and interpretation of findings. These descriptive epidemiologic skills are highly valued in the workplace.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## Policy briefs

**Location of Placement:** Adelaide, SA

### Summary of Activity/Tasks:

- Interpret data analysis results into clear, succinct messages that can be used to inform a particular area of policy and practice such as frequent presenters to hospital, or supporting disadvantaged children and families.
- Use data visualisation to graphically represent information.
- Develop policy brief that includes background, key messages, and recommendations.
- Attend regular meetings with the BetterStart team

### Expected outcomes:

- Increased skills in translating research results into clear messages.
- Policy brief report.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## Evidence Quality Assessment

**Location of Placement:** Adelaide, SA

### Summary of Activity/Tasks:

- Review, interpret and synthesise the breadth and quality of evidence from randomised control trials (RCTs) and observational studies on interventions to improve child health and wellbeing.
- Summarise evidence for specific programs that aim to improve outcomes for children and families.
- Work closely with the Evidence Quality Assessment team.
- Attend regular meetings with the BetterStart team.

### Expected outcomes:

- Increased understanding of how to assess, synthesise and communicate quality of evidence about interventions that aim to improve outcomes for children and families.
- Written summary reports.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## Kidsafe SA

Kidsafe was established in 1979 to focus the attention of policy makers and the community at large, on the need for improved child safety messages. Each year more than 150 Australian children die from preventable injuries, while a further 68,000 are hospitalised. This means that more children still die from injury in Australia, than from cancer, asthma and infectious diseases combined. Our organisation has successfully dedicated the past 40 years to reducing the number of injuries to children. However, injury still remains the leading cause of death in children aged 1-14 in Australia.

Kidsafe SA is a not-for-profit, non-government organisation dedicated to preventing unintentional death and reducing the incidence and severity of injuries to children aged less than 15 years. Our underpinning philosophy is 'Prevention is better than cure'. In the 2018-2019 financial year Kidsafe SA provided services to over 30,000 contacts, educated and trained more than 2,000 parents, carers and staff, and inspected more than 100 playgrounds across South Australia. We provide advice and services in the areas of home, play and road safety.

<https://kidsafesa.com.au/>

### *Example project*

## Transporting Premature Babies Safely

**Location of Placement:** North Adelaide, SA

### **Summary of Activity/Tasks:**

- Research into the perceptions, attitudes and decisions made by parents around transporting their premature babies
- Creating a survey
- Collating and analysing data
- Producing a written report of findings
- Speaking with parents and carers
- Working alongside Kidsafe SA and hospital staff
- Undertake training in child car restraints and the Australian Road Rules

### **Expected outcomes:**

- Greater understanding of child restraints and road safety
- Written report
- Increased knowledge of childhood safety and injury prevention

**Availability:** ✓ Semester 1      X Semester 2

**Number of students:** 1



## Wellbeing SA

The establishment of Wellbeing SA (WBSA) is a commitment of the state government in its Better Prevention for a Healthy South Australia and Targeted Health Prevention policies, as the primary mechanism to deliver on commitments for a renewed focus and action on prevention. WBSA has a long-term vision to create a balanced health and wellbeing system that supports improved physical, mental and social wellbeing for all South Australians. The organisation will lead innovative system change to embed prevention across the life course and disease continuum, to improve physical, mental and social wellbeing and reduce the preventable burden of disease. This rebalancing of the health system will mean a significant change from a system that focuses on treating people when they become unwell, to one that is based on promoting physical, mental and social wellbeing, preventing ill health and supporting people to maintain wellbeing and lead healthier lives.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/departments+of+health>

### *Example projects*

#### Evaluation of the “Healthy Workers across Industry” project

**Location of Placement:** Adelaide, SA

**Summary of Activity/Tasks:**

The student will contribute to an evaluation of the project, including process and impact evaluation.

- interview key stakeholders
- Qualitative analysis
- Attend meetings as required
- Report on the results

More information on the *Healthy Workers across Industry* Project can be found at:

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/healthy+living/healthy+communities/workplaces/how+to+create+a+healthy+workplace>

**Expected outcomes:** A final report summarising the results of the evaluation.

**Availability:** ✓      Semester 1      X      Semester 2

**Number of students:** 1

## **Develop resources on injury epidemiology in partnership with Kidsafe SA**

**Summary of Activity/Tasks:** The student will create a series of facts sheets and/or policy briefs on injury epidemiology.

**Expected outcomes:**

- Fact Sheets
- Policy briefs
- A detailed final report summarising the results of the evaluation.

**Availability:** ✓ Semester 1      X Semester 2

**Number of students:** 1

## **Innovative social marketing – cervical screening self-collection**

**Location of Placement:** Adelaide, SA

**Summary of Activity tasks:**

- Become familiar with the self-collection process and eligibility  
<https://www.sahealth.sa.gov.au/wps/wcm/connect/public/content/sa+health+internet/healthy+living/recommended+health+checks/cervical+screening+test/self-collection+and+the+cervical+screening+test>
- Using the National Cancer Screening Register on-line portal, determine current self-collection participation levels
- Review previous cancer screening campaign strategies and their impact
- Determine success factors in previous campaigns
- Using the agreed communications plan, create campaign strategies for use on-line to encourage women to participate in cervical screening using the newly agreed self-collection.

**Expected outcomes:** Innovative marketing strategies to promote self-collection

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1`

## **Nyrstar Port Pirie in conjunction with Adelaide Exposure Science & Health**

[Nyrstar Port Pirie](#) smelter operation is located on the eastern shore of the Spencer Gulf in South Australia, approximately 200 km north of Adelaide. Port Pirie is one of the world's largest primary lead smelting facilities and the third largest silver producer, which allows it to generate significant economies of scale. After 130 years of continuous operation, it is one of the key regional industries in South Australia and one of the major employers of the Upper Spencer Gulf region. It is an integrated multi-metals recovery plant with the flexibility to process a wide range of lead rich concentrates and smelting industry by-products.

Key facts:

*Products:* commodity grade lead, zinc fime, copper cathode, silver and gold ore

*Production 2018:* 160kt lead metal

*Employees:* ~670

[Adelaide Exposure Science & Health](#) (AESH) are leaders in occupational and environmental health practice and research in Australia. AESH offers a diverse range of research, field-based consulting, laboratory, and education and training services to industry, government and the community. AESH is staffed by experienced occupational hygienists, consultants and research staff with wide ranging expertise across scientific disciplines.

### *Example projects*

#### **Processing e-Waste: identifying hazards, exposure pathways and exposure control strategies for workers.**

**Location of Placement:** Thebarton; with some remote/online (progress meetings with a Nyrstar Safety Health and Hygiene contact (via Zoom)).

**Scope:**

This project will involve conducting a comprehensive literature review on:

- Hazard identification associated with Re-processing or smelting e-Waste
- Identification of potential worker exposure pathways, and
- Recommendation of exposure control strategies and best practice.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Expected outcomes:** Report

**Number of students:** 1-2

## **Evaluation of dermal exposure potential to Cadmium and/or Mercury in metal refining operations.**

**Location of Placement:** Thebarton; with some remote/online (progress meetings with a Nyrstar Safety Health and Hygiene contact (via Zoom)).

### **Scope:**

This project will involve conducting a comprehensive literature review on:

- Process chemistry at Nyrstar, with a focus on cadmium and/or mercury,
- Dermal absorption potential of cadmium in its various salts (e.g. elemental cadmium, cadmium chloride, cadmium sulphate/sulphite), or mercury compounds e.g. mercuric chloride, mercurous chloride Hg<sub>2</sub>Se etc.
- Review of personal protective equipment with consideration of permeability and penetration resistance to cadmium and its various salts,
- Evaluation of biomonitoring methods (blood testing compared with urine) for monitoring recent exposure to cadmium.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Expected outcomes:** Report

**Number of students:** 1-2

## Royal Australasian College of Surgeons

The [Royal Australasian College of Surgeons](#) (RACS) is the leading advocate for surgical standards, professionalism and surgical education in Australia and New Zealand. RACS supports the ongoing development, maintenance of expertise and lifelong learning that accompanies the surgical practice of more than 7,000 surgeons and 1,300 surgical trainees and International Medical Graduates. RACS promotes, teaches and assesses standards across nine surgical specialties in Australia and New Zealand: Cardiothoracic surgery, General surgery, Neurosurgery, Orthopaedic surgery, Otolaryngology Head-and-Neck surgery, Paediatric surgery, Plastic and Reconstructive surgery, Urology and Vascular surgery.

### *Example projects*

#### **Analysis and reporting of surgical audits**

**Location of Placement:** North Adelaide

**Summary of Activity/Tasks:**

Students will be required to review, analyse and report on national or bi-national surgical audit data in the areas of surgical mortality, breast cancer surgery or emergency laparotomy surgery. This audit data is stored in protected database at the RACS and although regular reports are generated, students will undertake a deeper exploration of the data. Areas of focus could include the impact of patient factors or differences in healthcare on the patient outcomes.

**Expected outcomes:** Report

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

#### **A review of RACS stakeholder engagement**

**Location of Placement:** North Adelaide

**Summary of Activity/Tasks:**

Students will undertake a variety of data collection methods including document review, focus groups and interviews with stakeholders and RACS staff to determine how stakeholders perceive the audits within RACS. Barriers and facilitators to participating in the audits and implementing recommendations made by RACS will be a focus of this research.

**Expected outcomes:** Report

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## **A review of Surgical Trainee log books**

**Location of Placement:** North Adelaide

### **Summary of Activity/Tasks:**

The RACS Morbidity Audit and Logbook tool (MALT) is a system used to electronically log procedures, conduct self-audit and peer-review audit. Students will undertake a content analysis of logbooks and develop recommendations for uses of the data other than current reporting to training boards.

**Expected outcomes:** Report

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## **Expansion of audit reporting into other surgical intervention areas**

**Location of Placement:** North Adelaide

### **Summary of Activity/Tasks:**

Students will review international and national documentation on audits currently being undertaken and an analysis of their effectiveness and efficiency. Identify areas for improving the current audits and areas of surgical care within Australia and New Zealand which could be improved through establishing a Clinical Quality Registry will be a key focus of this program.

**Expected outcomes:** Report

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## **Organisational audit of hospitals performing emergency laparotomies**

**Location of Placement:** North Adelaide

### **Summary of Activity/Tasks:**

Students will be required to collate, analyse and report on hospital factors which contribute to compliance with set key performance indicators, leading to improved patient outcomes. For example, a hospital's choice in which health professionals they employ and in what capacity, can help shape the focus of care a patient receives.

**Expected outcomes:**

Report

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1

## SafeWork SA

[SafeWork SA](#) administers South Australia's health, safety and workplace relations related legislation, including the Work Health and Safety (WHS) legislation. It does this by providing information, advice and support as well as compliance and enforcement activities to ensure safe, fair, productive working lives.

The role of our inspectors is to ensure those with a duty under the WHS legislation have fulfilled their obligations to ensure workplaces are safe and that the activities of a workplace do not pose a risk to other person, such as members of public. They do this by performing proactive compliance audits and by responding to incidents that have exposed or caused injury to a person.

We have work health and safety advisors to help educate people on their rights and responsibilities as well as health and safety inspectors who investigate workplace incidents.

### *Example projects*

#### **Assisting with the analysis of compliance campaign trends and development of educational resources**

**Location of Placement:** Keswick, SA

**Summary of Activity/Tasks:**

SafeWork SA undertakes regular compliance campaigns and is seeking assistance with the analysis of trends and research suitable resources for development or usage for education. The results will assist SafeWork SA in identify intelligence for future campaigns

**Expected outcomes:**

Identification of trends and emerging issues that can be utilised for further compliance activity and to inform the development or research into educational material. Adding value to the outcomes of compliance campaigns is the goal.

**Availability:** ✓ Semester 1      X Semester 2

**Number of students:** 1

#### **Supporting the State Collaborate Group**

**Location of Placement:** Keswick, SA

**Summary of Activity/Tasks:**

SafeWork SA has a State collaborate Group with SA Health and Return to Work SA (RWTSA), which will have working groups. The formalisation of this working group will be finalised in early March. It is expected that there will be a working group regarding data research and evidence, so student assistance with these activities would be beneficial.

**Expected outcomes:**

Contribute to the research capability of the group to help inform gaps what resources would be of benefit for inclusion on a collaborative website and the identification of where further research may be beneficial.

The website is one product identified as being a 'one-stop-shop' to help businesses in SA thrive as a result of good health and wellbeing initiatives.

**Availability:** ✓ Semester 1      X Semester 2

**Number of students:** 1



## Sonder

[Sonder](#) delivers a range of integrated community health services including mental health counselling, addiction services, employment support and Aboriginal health. Sonder is one of the leading and largest providers of high quality, mental health services available to the community and they deliver clinical services across the age range and complexity of mental health concerns.

Sonder is the lead agency for headspace Edinburgh North, headspace Onkaparinga and headspace Adelaide Primary programs, headspace Early Psychosis and emerge. headspace Primary acts as a one-stop-shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support. emerge is designed to be a 'step up' from headspace for young people with complex needs aged 16-25 who require holistic support and care from mental health clinicians, care coordinators, functional recovery and peer support workers. headspace Early Psychosis provides early intervention and specialist support for young people aged 12-25 experiencing, or at risk of psychosis. The program supports young people in every aspect of their lives, including education, employment and relationships.

### *Example projects*

#### **Evaluation of a community event (CTG Day) to promote health and wellbeing among Aboriginal and Torres Strait Islanders delivered through a primary health care provider (Aboriginal Health)**

**Location of Placement:** Edinburgh North, SA

##### **Summary of Activity/Tasks:**

Each year in March Sonder run a Closing the Gap day which focuses on Aboriginal health. Last year we had an estimated 2000 people attend and conducted an evaluation and research project for the first time. The evaluation from last year looking at event satisfaction, health knowledge/attitudes and health behaviour has been developed and needs to be refined and delivered again at this year's CTG Day.

There is also the potential to look at other areas of research and evaluation on this day that could be explored. For example some sort of interview structure with a sample of attendees. Additionally, there is the potential to explore a pre-post study design regarding perceptions of Sonder, CTG, health and health knowledge

**Expected outcomes:** Evaluation report

**Availability:** ✓ Semester 1      X Semester 2

**Number of students:** 1. (*Aboriginal and Torres Strait Islander students are encouraged to apply for this placement*)

**Timeline:** Event is in March each year. Student would need to be in place February at the latest.

## **Development and implementation of a short item open ended question to understand patient experience amongst Aboriginal and Torres Strait Islanders receiving care at Sonder (PREMS)**

**Location of Placement:** Edinburgh North, SA

### **Summary of Activity/Tasks:**

Sonder has developed and currently implements a Patient Reported Experience Measure (PREM). Aboriginal and Torres Strait Islander people experience a range of unique barriers when accessing health care. While survey's are easier to administer than narrative/open ended approaches, they can miss important details and contextual information and miss key drivers of patient experiences of care. There is also recognition that difference approaches are needed to adequately capture and understand experience of Aboriginal and Torres Strait Islander people. As such, we are looking to develop a simple 1-3 item narrative/open ended approach to capture patient experience among Aboriginal and Torres Strait Islander clients at Sonder that would run complementary to our existing PREMs tool.

**Expected outcomes:** Evaluation Report

**Availability:** ✓ Semester 1      X Semester 2

**Number of students:** 1 (*Aboriginal and Torres Strait Islander students are encouraged to apply for this placement*)

## **Strategies to effectively engage with CALD and Aboriginal and Torres Strait Islander populations in Sonder Youth Services**

**Location of Placement:** Students may be placed across Sonder's 3 headspace centres: Edinburgh North, Adelaide or Onkaparinga.

### **Summary of Activity/Tasks:**

Students will undertake a comprehensive literature review to identify best practice evidence for effectively engaging CALD and Aboriginal and Torres Strait Islander populations in engaging with youth mental health services, both nationally and internationally. This will incorporate both peer reviewed and grey literature.

Students may also interview organisations who work with CALD and Aboriginal and Torres Strait Islander populations (e.g. Australian Refugee Association, Multicultural Communities Council SA, Relationships Australia, the Aboriginal Health Council of SA, Closing the Gap services etc)

**Expected outcomes:** Evidence best practice recommendations for engaging CALD and Aboriginal and Torres Strait Islander populations with youth mental health service / report. Findings will be presented to the Youth Services Leadership Group, headspace National and the Adelaide PHN. Findings may also be presented at the annual headspace National Forum, annual headspace Community Engagement Forum, THEMHS Conference, and/or any relevant learning and information sharing mental health/health promotion event.

**Availability:** ✓ Semester 1      ✓ Semester 2

**Number of students:** 1 (*Aboriginal and Torres Strait Islander students and students from CALD backgrounds are encouraged to apply for this placement*)

## Southern Cross Care

[Southern Cross Care](#) was established as a not-for-profit organisation in to provide retirement and aged care services throughout South Australia and the Northern Territory. Their focus has always been on helping people to age healthily, maintain independence, stay informed, and keep people connected with family and friends. Southern Cross Care core values are: care, communication, creativity and teamwork and these are the guiding principles that shape how they think and what they deliver. Southern Cross Care provides a comprehensive range of health & wellness and at-home services, residential care and retirement living options.

### *Example projects*

#### Multidisciplinary Recognition

**Location of placement:** North Plympton (or other Southern Cross Care Centres, depending on task)

**Summary of Activity/Tasks:**

The student would be tasked to identify the different 'profession weeks' relevant to aged care, interview a professional at SCC & develop a blurb promoting the benefits of the role and the impact on resident health – think nurse, Exercise physiologist, physiotherapist etc. It's more of a 'celebrate your staff' focus but it would be a really nice organisational project and it would give the students the opportunity to talk to people from different professions.

*Note that a Police Clearance is required for this internship*

**Expected outcomes:** To be determined

**Availability:** To be determined

**Number of students:** 1

#### Active Ageing Olympics

**Location of placement:** North Plympton (or other Southern Cross Care Centres, depending on task)

**Summary of Activity/Tasks:**

With our strong focus on healthy active ageing, Southern Cross Care are looking for students to plan, organise and implement (over the course of the year, multiple students) an organisation wide Olympics event! Residents from each site will put forward residents to compete in events. Our friendly health and wellness teams can assist students in understanding what events are suitable and come up with training programs to build the event buzz. Students will promote the healthy ageing message through their work on this project.

*Note that a Police Clearance is required for this internship*

**Expected outcomes:** To be determined

**Availability:** To be determined

**Number of students:** 1

## **Creating a Choir**

**Location of placement:** North Plympton (or other Southern Cross Care Centres, depending on task)

### **Summary of Activity/Tasks:**

Students will work with the wellness and lifestyle teams to create a pilot music /choir project. The choir will ideally be intergenerational and link aged care facilities with schools, and encompass elements of reminiscence.

*Note that a Police Clearance is required for this internship*

**Expected outcomes:** To be determined

**Availability:** To be determined

**Number of students:** 1