



Faculty of Health and Medical Sciences

2021 Study Plan

Graduate Diploma in Counselling and Psychotherapy

Year I				
S1	PUB HLTH 5005 Counselling Skills 1	PUB HLTH 5007 Attachment Across the Lifespan	PUB HLTH 5008 Counselling and Psychotherapy Theories	PUB HLTH 7010 Mindfulness-based Counselling Applications
S2	PUB HLTH 5006 Ethics in the Counselling Workplace	PUB HLTH 6018 Counselling Skills 2	PUB HLTH 6021 Nature of Grief	Elective Course

ALL COURSES ARE WORTH 3 UNITS UNLESS SPECIFIED OTHERWISE

Updated: November 2020

Degree Information

- Students must ensure they are correctly enrolled in accordance with [Academic Program Rules](#).

Elective Courses

- Courses to the value of 6 units may be taken from the following
 - [PUB HLTH 7003](#) – Cognitive Behaviour Therapy (S2)
 - [PUB HLTH 7078](#) – Qualitative Research Methods in Health (S1)
 - [PUB HLTH 73000L](#) – Developing a Research Proposal (S1 or S2)

Further Information & Enrolment Advice

Program Coordinators: [A/Prof Jaklin Elliott](#) and [Ann Ibrahim](#)