



THE UNIVERSITY
of ADELAIDE



2020 THIRD YEAR INTERNSHIP OPPORTUNITIES GUIDE

HLTH SC 3014 Work-Integrated Learning (Public Health)

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Third Year Work Integrated Learning (Public Health) internships

The Work Integrated Learning course provides the opportunity to combine workplace experience in public health settings with academic study. During the course, students complete a substantial project that involves the application of public health research skills and knowledge to a work environment. Students are allocated placements from a range of offerings which include government and non-government agencies.

This guide describes the internship placements available to students in HLTH SC3014 Work-Integrated Learning (Public Health).

This course cannot be taken with the Research Placement courses in the Bachelor of Health and Medical Sciences or Bachelor of Health and Medical Sciences (Advanced).

Some placements may require police checks, or other special requirements, which must be organised by students in advance of the placement start date, at their own expense.

How to apply

For further information contact the course coordinator, or the placements coordinator in the School of Public Health.

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GPEX

[GPEX](#) is the South Australian Training Organisation which delivers training to doctors selected to specialise in general practice in Australia. GPEX provides training to GP registrars working in both urban and rural settings to achieve a Fellowship of the Australian College of Rural and Remote Medicine (FACRRM) and/or Fellowship of Royal Australian College of General Practitioners (FRACGP). GPEX also deliver professional development for GPs and primary health care professionals.

GPEX's mission is to deliver high quality, responsive and forward thinking education and training, that provides South Australia with a skilled and sustainable General Practice workforce which meets the needs of local communities. GPEX, is committed to excellence in medicine and general practice, and they continue looking for new and innovative ways to train tomorrow's GPs.

Improving support for rural registrars

Location of Placement: Unley, SA.

Summary of Activity/Tasks:

We currently have a shortage of rural GPs which will affect service delivery to South Australian rural communities. The GPEX graduate tracking study shows that GP registrars who have had positive experiences during training often choose to remain working in a rural practice after graduation. Therefore, positive experiences during GP training are extremely important.

In order to deliver quality training, and to encourage registrars to consider future rural practice, GPEX regularly review the training and support provided. As such, we have a suite of evaluations that collect information regarding satisfaction with training and support.

Based on GPEX feedback and evaluation, there are a number of opportunities that have been identified to better support our rural registrars and maximise their rural placement experiences. In many instances support is available, but registrars are unaware of this support.

This project would review the results from the recent rural registrar focus group, and other evaluations, and work with a project working group to confirm priority areas requiring better communication and/or development. Based on these areas, the student would collate relevant information and work with the Research and Innovation team, and the broader Education team (including Medical Educators) to develop a user-friendly resource to support registrars who are about to enter, or are already within, rural General Practice.

This project would require:

- Development of a project plan.
- Working with the project working group to plan and implement the project.
- Review and synthesis of existing evaluation results regarding rural support.
- Research and synthesise information regarding existing support (as relevant).
- Identify areas requiring development.
- Develop a user-friendly resource to support registrars who are about to enter, or are already within, rural General Practice.
- Develop a plan/recommendations for other support/training requiring development.

Expected outcomes: It is expected that a report would be written that outlines the background, aims, method, results, discussion and recommendations. Priority recommendations for program improvement will be developed in conjunction with the working group. It is expected that a presentation of the findings would be delivered to relevant GPEx personnel.

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

Evaluation of GPEx rural professional development program

Location of Placement: Unley, SA.

Summary of Activity/Tasks:

GPEx deliver a program of activities for GPs and other primary health care professionals based in rural South Australia. The program primarily includes workshops and webinars planned to meet local regional learning needs. Learning activities are evaluated post event to determine immediate participant satisfaction.

However, a broader evaluation is proposed, to examine the longer term benefits of the program to participants, local primary health workforce teams and the community. This evaluation would include:

- Planning by a project working group, with the support of the student, and under the supervision of Dr Taryn Elliott.
- A review of the literature to determine different models used to evaluate rural primary health professional development and establish baselines.
- Analysis of regional attendance data to seek trends in GPs and other primary health care professionals choosing to attend/not attend the events.
- Analysis of attendance data pertinent to specific regions in Rural South Australia.
- Review of existing program evaluation trends.
- Completion of phone-based qualitative evaluation interviews with attendees identified through the project working group and data analysis.
- Analysis of interviews.
- Reporting on outcomes of analysis.

Expected outcomes: It is expected that a report would be written that outlines the background, aims, method, results, discussion and recommendations. Recommendations for program improvement will be developed in conjunction with the working group. It is expected that a presentation of the findings will be delivered to relevant GPEx personnel

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

Kidsafe SA

Kidsafe was established in 1979 to focus the attention of policy makers and the community at large, on the need for improved child safety messages. Each year more than 150 Australian children die from preventable injuries, while a further 68,000 are hospitalised. This means that more children still die from injury in Australia, than from cancer, asthma and infectious diseases combined. Our organisation has successfully dedicated the past 40 years to reducing the number of injuries to children. However, injury still remains the leading cause of death in children aged 1-14 in Australia.

[Kidsafe SA](#) is a not-for-profit, non-government organisation dedicated to preventing unintentional death and reducing the incidence and severity of injuries to children aged less than 15 years. Our underpinning philosophy is 'Prevention is better than cure'. In the 2018-2019 financial year Kidsafe SA provided services to over 30,000 contacts, educated and trained more than 2,000 parents, carers and staff, and inspected more than 100 playgrounds across South Australia. We provide advice and services in the areas of home, play and road safety.

Transporting Premature Babies Safely

Location of Placement: North Adelaide, SA

Summary of Activity/Tasks:

- Research into the perceptions, attitudes and decisions made by parents around transporting their premature babies
- Creating a survey
- Collating and analysing data
- Producing a written report of findings
- Speaking with parents and carers
- Working alongside Kidsafe SA and hospital staff
- Undertake training in child car restraints and the Australian Road Rules

Expected outcomes:

- Greater understanding of child restraints and road safety
- Written report
- Increased knowledge of childhood safety and injury prevention

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Wellbeing SA

The establishment of [Wellbeing SA](#) (WBSA) is a commitment of the state government in its Better Prevention for a Healthy South Australia and Targeted Health Prevention policies, as the primary mechanism to deliver on commitments for a renewed focus and action on prevention. WBSA has a long-term vision to create a balanced health and wellbeing system that supports improved physical, mental and social wellbeing for all South Australians. The organisation will lead innovative system change to embed prevention across the life course and disease continuum, to improve physical, mental and social wellbeing and reduce the preventable burden of disease. This rebalancing of the health system will mean a significant change from a system that focuses on treating people when they become unwell, to one that is based on promoting physical, mental and social wellbeing, preventing ill health and supporting people to maintain wellbeing and lead healthier lives.

Evaluation of the “Healthy Workers across Industry” project

Location of Placement: Adelaide, SA

Summary of Activity/Tasks:

The student will contribute to an evaluation of the [Healthy Workers across Industry](#) project, including process and impact evaluation.

- interview key stakeholders
- Qualitative analysis
- Attend meetings as required
- Report on the results

Expected outcomes: A final report summarising the results of the evaluation.

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Develop resources on injury epidemiology in partnership with Kidsafe SA

Summary of Activity/Tasks: The student will create a series of facts sheets and/or policy briefs on injury epidemiology.

Expected outcomes:

- Fact Sheets
- Policy briefs
- A detailed final report summarising the results of the evaluation.

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Innovative social marketing – cervical screening self-collection

Location of Placement: Adelaide, SA

Summary of Activity tasks:

- Become familiar with the self-collection [process and eligibility](#)
- Using the National Cancer Screening Register on-line portal, determine current self-collection participation levels
- Review previous cancer screening campaign strategies and their impact
- Determine success factors in previous campaigns
- Using the agreed communications plan, create campaign strategies for use on-line to encourage women to participate in cervical screening using the newly agreed self-collection.

Expected outcomes: Innovative marketing strategies to promote self-collection

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1`

Nyrstar Port Pirie in conjunction with Adelaide Exposure Science & Health

[Nyrstar Port Pirie](#) smelter operation is located on the eastern shore of the Spencer Gulf in South Australia, approximately 200 km north of Adelaide. Port Pirie is one of the world's largest primary lead smelting facilities and the third largest silver producer, which allows it to generate significant economies of scale. After 130 years of continuous operation, it is one of the key regional industries in South Australia and one of the major employers of the Upper Spencer Gulf region. It is an integrated multi-metals recovery plant with the flexibility to process a wide range of lead rich concentrates and smelting industry by-products.

Key facts:

Products: commodity grade lead, zinc fime, copper cathode, silver and gold ore

Production 2018: 160kt lead metal

Employees: ~670

[Adelaide Exposure Science & Health](#) (AESH) are leaders in occupational and environmental health practice and research in Australia. AESH offers a diverse range of research, field-based consulting, laboratory, and education and training services to industry, government and the community. AESH is staffed by experienced occupational hygienists, consultants and research staff with wide ranging expertise across scientific disciplines.

Noise exposure assessment and audiometric testing of workers at Nyrstar refinery

Location of Placement: A one week block on-site at the Port Pirie refinery, as well as preparatory and support work at the AESH group in Thebarton.

Summary of Activity/Tasks:

This project will assist Nyrstar in managing the risks of noise exposure in their refinery by a three stage approach :

1. Undertake onsite Plant Area Noise Assessment using a Sound Level Meter.
2. Undertake personal noise dosimetry.
3. Assist site Medical Doctor and Occupational Health Nurse in undertaking audiometry testing of workers (subject to availability and feasibility).

Support work at the AESH group in Thebarton will include training in noise exposure assessment and interpretation of results.

- identified source/s of noise that may cause or contribute to hearing loss,
- if necessary, assess the risks associated with these hazards,
- implement risk control measures

Expected outcomes:

- Provide a written report on the outcomes, with the support of Nyrstar supervisors and AESH supervisors covering:
- recommendations for the review of risk control measures.

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

Royal Australasian College of Surgeons

The [Royal Australasian College of Surgeons](#) (RACS) is the leading advocate for surgical standards, professionalism and surgical education in Australia and New Zealand. RACS supports the ongoing development, maintenance of expertise and lifelong learning that accompanies the surgical practice of more than 7,000 surgeons and 1,300 surgical trainees and International Medical Graduates. RACS promotes, teaches and assesses standards across nine surgical specialties in Australia and New Zealand: Cardiothoracic surgery, General surgery, Neurosurgery, Orthopaedic surgery, Otolaryngology Head-and-Neck surgery, Paediatric surgery, Plastic and Reconstructive surgery, Urology and Vascular surgery.

Analysis and reporting of surgical audits

Location of Placement: North Adelaide

Summary of Activity/Tasks:

Students will be required to review, analyse and report on national or bi-national surgical audit data in the areas of surgical mortality, breast cancer surgery or emergency laparotomy surgery. This audit data is stored in protected database at the RACS and although regular reports are generated, students will undertake a deeper exploration of the data. Areas of focus could include the impact of patient factors or differences in healthcare on the patient outcomes.

Expected outcomes: Report

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

A review of RACS stakeholder engagement

Location of Placement: North Adelaide

Summary of Activity/Tasks:

Students will undertake a variety of data collection methods including document review, focus groups and interviews with stakeholders and RACS staff to determine how stakeholders perceive the audits within RACS. Barriers and facilitators to participating in the audits and implementing recommendations made by RACS will be a focus of this research.

Expected outcomes: Report

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

A review of Surgical Trainee log books

Location of Placement: North Adelaide

Summary of Activity/Tasks:

The RACS Morbidity Audit and Logbook tool (MALT) is a system used to electronically log procedures, conduct self-audit and peer-review audit. Students will undertake a content analysis of logbooks and develop recommendations for uses of the data other than current reporting to training boards.

Expected outcomes: Report

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

Expansion of audit reporting into other surgical intervention areas

Location of Placement: North Adelaide

Summary of Activity/Tasks:

Students will review international and national documentation on audits currently being undertaken and an analysis of their effectiveness and efficiency. Identify areas for improving the current audits and areas of surgical care within Australia and New Zealand which could be improved through establishing a Clinical Quality Registry will be a key focus of this program.

Expected outcomes: Report

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

Organisational audit of hospitals performing emergency laparotomies

Location of Placement: North Adelaide

Summary of Activity/Tasks:

Students will be required to collate, analyse and report on hospital factors which contribute to compliance with set key performance indicators, leading to improved patient outcomes. For example, a hospital's choice in which health professionals they employ and in what capacity, can help shape the focus of care a patient receives.

Expected outcomes:

Report

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

SafeWork SA

[SafeWork SA](#) administers South Australia's health, safety and workplace relations related legislation, including the Work Health and Safety (WHS) legislation. It does this by providing information, advice and support as well as compliance and enforcement activities to ensure safe, fair, productive working lives.

The role of our inspectors is to ensure those with a duty under the WHS legislation have fulfilled their obligations to ensure workplaces are safe and that the activities of a workplace do not pose a risk to other person, such as members of public. They do this by performing proactive compliance audits and by responding to incidents that have exposed or caused injury to a person.

We have work health and safety advisors to help educate people on their rights and responsibilities as well as health and safety inspectors who investigate workplace incidents.

Assisting with the analysis of compliance campaign trends and development of educational resources

Location of Placement: Keswick, SA

Summary of Activity/Tasks:

SafeWork SA undertakes regular compliance campaigns and is seeking assistance with the analysis of trends and research suitable resources for development or usage for education. The results will assist SafeWork SA in identify intelligence for future campaigns

Expected outcomes:

Identification of trends and emerging issues that can be utilised for further compliance activity and to inform the development or research into educational material. Adding value to the outcomes of compliance campaigns is the goal.

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Supporting the State Collaborate Group

Location of Placement: Keswick, SA

Summary of Activity/Tasks:

SafeWork SA has a State collaborate Group with SA Health and Return to Work SA (RWTSa), which will have working groups. The formalisation of this working group will be finalised in early March. It is expected that there will be a working group regarding data research and evidence, so student assistance with these activities would be beneficial.

Expected outcomes:

Contribute to the research capability of the group to help inform gaps what resources would be of benefit for inclusion on a collaborative website and the identification of where further research may be beneficial.

The website is one product identified as being a 'one-stop-shop' to help businesses in SA thrive as a result of good health and wellbeing initiatives.

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Sonder

[Sonder](#) delivers a range of integrated community health services including mental health counselling, addiction services, employment support and Aboriginal health. Sonder is one of the leading and largest providers of high quality, mental health services available to the community and they deliver clinical services across the age range and complexity of mental health concerns.

Sonder is the lead agency for headspace Edinburgh North, headspace Onkaparinga and headspace Adelaide Primary programs, headspace Early Psychosis and emerge. headspace Primary acts as a one-stop-shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support. emerge is designed to be a 'step up' from headspace for young people with complex needs aged 16-25 who require holistic support and care from mental health clinicians, care coordinators, functional recovery and peer support workers. headspace Early Psychosis provides early intervention and specialist support for young people aged 12-25 experiencing, or at risk of psychosis. The program supports young people in every aspect of their lives, including education, employment and relationships.

Integration of peer support workers in AOD withdrawal and recovery

Location of Placement: Edinburgh North, SA

Summary of Activity/Tasks:

In early 2019 Sonder developed an In-Home Withdrawal program that was centred on providing holistic care through a multi-disciplinary approach that included GPs, Nurses, AOD Workers, and AOD Peer Support Workers. The In-Home Withdrawal Program is a multi-staged program that includes Intake, Pre-Care, Withdrawal, and After-Care for people with low to moderate levels of substance dependence.

During the development of the program it was evident that the role of peer support workers needed to be truly integrated into the treatment model.

We are interested in exploring the role of peer support workers including the benefits and challenges of peer support workers. Including qualitative feedback from clients, peer support workers and other program staff.

Expected outcomes: Evaluation Report

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1

Evaluation of a community event (CTG Day) to promote health and wellbeing among Aboriginal and Torres Strait Islanders delivered through a primary health care provider (Aboriginal Health)

Location of Placement: Edinburgh North, SA

Summary of Activity/Tasks:

Each year in March Sonder run a Closing the Gap day which focuses on Aboriginal health. Last year we had an estimated 2000 people attend and conducted an evaluation and research project for the first time. The evaluation from last year looking at event satisfaction, health

knowledge/attitudes and health behaviour has been developed and needs to be refined and delivered again at this year's CTG Day.

There is also the potential to look at other areas of research and evaluation on this day that could be explored. For example some sort of interview structure with a sample of attendees.

Additionally, there is the potential to explore a pre-post study design regarding perceptions of Sonder, CTG, health and health knowledge

Expected outcomes: Evaluation report

Availability: ✓ Semester 1 X Semester 2

Number of students: 1. (*Aboriginal and Torres Strait Islander students are encouraged to apply for this placement*)

Timeline: Event is in March each year. Student would need to be in place February at the latest.

Development and implementation of a short item open ended question to understand patient experience amongst Aboriginal and Torres Strait Islanders receiving care at Sonder (PREMS)

Location of Placement: Edinburgh North, SA

Summary of Activity/Tasks:

Sonder has developed and currently implements a Patient Reported Experience Measure (PREM). Aboriginal and Torres Strait Islander people experience a range of unique barriers when accessing health care. While survey's are easier to administer than narrative/open ended approaches, they can miss important details and contextual information and miss key drivers of patient experiences of care. There is also recognition that difference approaches are needed to adequately capture and understand experience of Aboriginal and Torres Strait Islander people. As such, we are looking to develop a simple 1-3 item narrative/open ended approach to capture patient experience among Aboriginal and Torres Strait Islander clients at Sonder that would run complementary to our existing PREMs tool.

Expected outcomes: Evaluation Report

Availability: ✓ Semester 1 X Semester 2

Number of students: 1 (*Aboriginal and Torres Strait Islander students are encouraged to apply for this placement*)

Effective waitlist strategies for mental health services which facilitate the application of an evidence-based waitlist strategy across Sonder Youth Services

Location of Placement: Students may be placed across Sonder's 3 headspace centres: Edinburgh North, Adelaide or Onkaparinga.

Summary of Activity/Tasks:

Students will undertake a comprehensive literature review to identify best practice waitlist strategies for youth mental health services, both nationally and internationally. This will incorporate both peer reviewed and grey literature.

Students may also undertake phone interviews with other Australian services to identify current practice.

The student will work closely with the Youth Services Project Officer and the Youth Services Leadership Group.

Expected outcomes: Literature review and evidence based recommendations for effective waitlist strategies. Findings will be presented to the Youth Services Leadership Group, headspace National and the Adelaide PHN. Findings may also be presented at the annual headspace National Forum, THEMHS Conference, and/or any relevant mental health learning and information sharing event.

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Evaluation of the headspace Adelaide Youth Ambassador Program

Location of Placement: Students may be placed across Sonder's 3 headspace centres: Edinburgh North, Adelaide or Onkaparinga.

Summary of Activity/Tasks:

Students will undertake a document review and survey of service providers and managers to identify satisfaction with the youth ambassador service and identify the specific role they play in supporting the provision of services to young people.

Interviews with youth ambassadors will be undertaken to identify their perceptions of the role and any barriers, facilitators or particular issues they have identified in undertaking their roles.

Focus will also be placed on determining potential enhancement of the program, such as whether the provision of youth mentoring and/or health promotion "drop in" services available to clients and young people in the community can occur. Suggested models of mentoring and drop in session topics, key messages and content driven and guided by evidence base.

Focus groups with young people who have been supported by youth ambassadors will also be undertaken.

The student will work closely with the Youth Services Project Officer, headspace Adelaide Community Engagement Lead, Youth Services Community Engagement Team and Youth Services Leadership Group.

Expected outcomes: Evaluation Report and recommendations for potential program enhancement and integration into headspace Edinburgh North, headspace Onkaparinga and the emerge program. Findings will be presented to the Youth Services Leadership Group, the Sonder Community Engagement Committee, headspace National and the Adelaide PHN. Findings may also be presented at the annual headspace National Forum, headspace National Community Engagement Forum, THEMHS Conference, and/or any relevant learning and information sharing mental health/health promotion event.

Availability: ✓ Semester 1 X Semester 2

Number of students: 1

Strategies to effectively engage with CALD and Aboriginal and Torres Strait Islander populations in Sonder Youth Services

Location of Placement: Students may be placed across Sonder's 3 headspace centres: Edinburgh North, Adelaide or Onkaparinga.

Summary of Activity/Tasks:

Students will undertake a comprehensive literature review to identify best practice evidence for effectively engaging CALD and Aboriginal and Torres Strait Islander populations in engaging with youth mental health services, both nationally and internationally. This will incorporate both peer reviewed and grey literature.

Students may also interview organisations who work with CALD and Aboriginal and Torres Strait Islander populations (e.g. Australian Refugee Association, Multicultural Communities Council SA, Relationships Australia, the Aboriginal Health Council of SA, Closing the Gap services etc)

Expected outcomes: Evidence best practice recommendations for engaging CALD and Aboriginal and Torres Strait Islander populations with youth mental health service / report. Findings will be presented to the Youth Services Leadership Group, headspace National and the Adelaide PHN. Findings may also be presented at the annual headspace National Forum, annual headspace Community Engagement Forum, THEMHS Conference, and/or any relevant learning and information sharing mental health/health promotion event.

Availability: ✓ Semester 1 ✓ Semester 2

Number of students: 1 (*Aboriginal and Torres Strait Islander students and students from CALD backgrounds are encouraged to apply for this placement*)

Southern Cross Care

[Southern Cross Care](#) was established as a not-for-profit organisation in to provide retirement and aged care services throughout South Australia and the Northern Territory. Their focus has always been on helping people to age healthily, maintain independence, stay informed, and keep people connected with family and friends. Southern Cross Care core values are: care, communication, creativity and teamwork and these are the guiding principles that shape how they think and what they deliver. Southern Cross Care provides a comprehensive range of health & wellness and at-home services, residential care and retirement living options.

Multidisciplinary Recognition

Location of placement: North Plympton (or other Southern Cross Care Centres, depending on task)

Summary of Activity/Tasks:

The student would be tasked to identify the different 'profession weeks' relevant to aged care, interview a professional at SCC & develop a blurb promoting the benefits of the role and the impact on resident health – think nurse, Exercise physiologist, physiotherapist etc. It's more of a 'celebrate your staff' focus but it would be a really nice organisational project and it would give the students the opportunity to talk to people from different professions.

Note that a Police Clearance is required for this internship

Expected outcomes: To be determined

Availability: To be determined

Number of students: 1

Active Ageing Olympics

Location of placement: North Plympton (or other Southern Cross Care Centres, depending on task)

Summary of Activity/Tasks:

With our strong focus on healthy active ageing, Southern Cross Care are looking for students to plan, organise and implement (over the course of the year, multiple students) an organisation wide Olympics event! Residents from each site will put forward residents to compete in events. Our friendly health and wellness teams can assist students in understanding what events are suitable and come up with training programs to build the event buzz. Students will promote the healthy ageing message through their work on this project.

Note that a Police Clearance is required for this internship

Expected outcomes: To be determined

Availability: To be determined

Number of students: 1

Creating a Choir

Location of placement: North Plympton (or other Southern Cross Care Centres, depending on task)

Summary of Activity/Tasks:

Students will work with the wellness and lifestyle teams to create a pilot music /choir project. The choir will ideally be intergenerational and link aged care facilities with schools, and encompass elements of reminiscence.

Note that a Police Clearance is required for this internship

Expected outcomes: To be determined

Availability: To be determined

Number of students: 1