



The AKtion 2 Research Project

Aboriginal Kidney care together
- improving outcomes now

Presented by Nari Sinclair & Janet Kelly
Event: HTSA Webinar 13 October 2022



Acknowledgment of Country

AKction would like to acknowledge Aboriginal and Torres Strait Islander Peoples as the traditional owners and pay respect to their spiritual and physical connections to land, seas, and waterways where cultural practices are strong and thriving today as always.

AKtion - background

- Aboriginal Kidney Care Together- Improving outcomes now
- Aims to improve kidney care for First Peoples in South Australia and beyond
- Based at the University of Adelaide Nursing School
- NHMRC Ideas Grant Funding



Consumer involvement



- Originally ten Aboriginal people with lived experience of CKD called the AKtion Reference Group (ARG)
- Personal and family & carer experiences
- Haemodialysis, peritoneal dialysis, transplantation,
- Metropolitan, rural, regional
- Guide the research project

Aktion 1 – Consumers and community members as Aktion Reference Group members (HTSA-MRFF)

Aktion 2 - chief investigators and Aktion Reference Team members, research assistants, educators, Elders

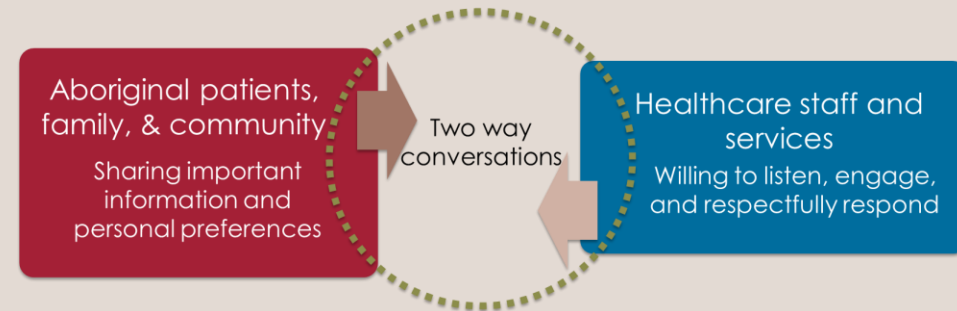


What's working

- AKtion applies decolonised methods and a participatory action research (PAR) approach
- Prioritises First Peoples knowledge, ways of being, knowing and doing
- Acknowledges people as experts of their own lives and experiences
- Flips typical colonial hierarchies on their heads e.g. community members as chief investigators
- T shirts
- Real and embedded Indigenous Governance

Co creation & codesign

What should happen in healthcare & research



Top down

What often happens in healthcare & research



What's working - collaborative achievements with real outcomes

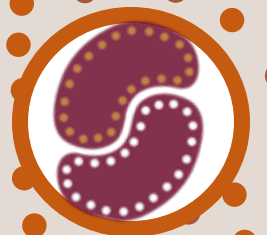
- Co-facilitated community consultations - KHA Cari Guidelines
- Dialysis chairs at Kanggawodli
- Better links between oral health and kidney health
- Co-designed Health Journey Mapping (HJM) resources - The Lowitja Institute
- Making a video to accompany the new national clinical guidelines



Cultural Bias report



Health Journey Mapping



What has been challenging

Decolonising systems and research

- Making the systems work for community – navigating university processes, NHMRC grant application
- When community members don't have ID – employment & onboarding
- 2 step authentication – difficult without reliable phones and IT

Role definition – working out what everyone's role is

Meeting community, research and university expectations at the same time



Nukuta!

See you later in Kaurua Yarta - we never use the word goodbye because we believe we will always see each other again either on earth or in the Dreamtime

