



Recommendations for Culturally Safe Kidney Care for First Nations Australians

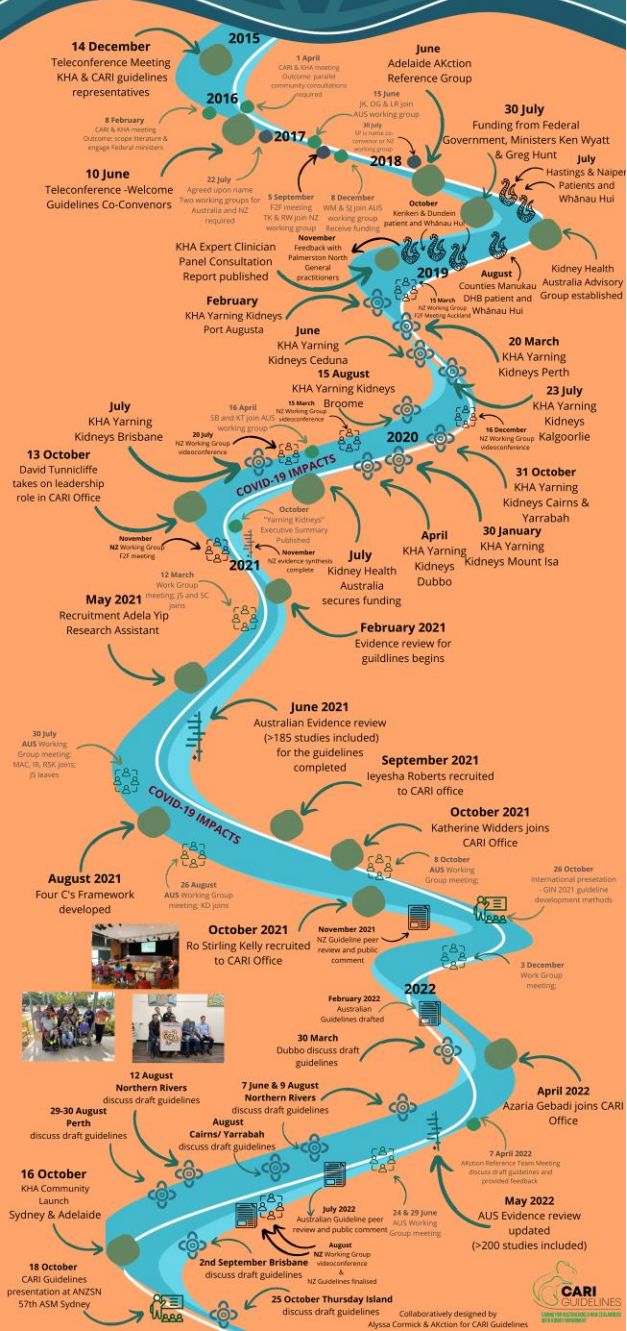
Assoc Prof Janet Kelly
AKction Project



Acknowledgement of Country

Timeline of Developing First Nations CARI Guidelines

Responding to the disparities in chronic kidney disease outcomes experienced by First Nations Peoples in Australia and New Zealand



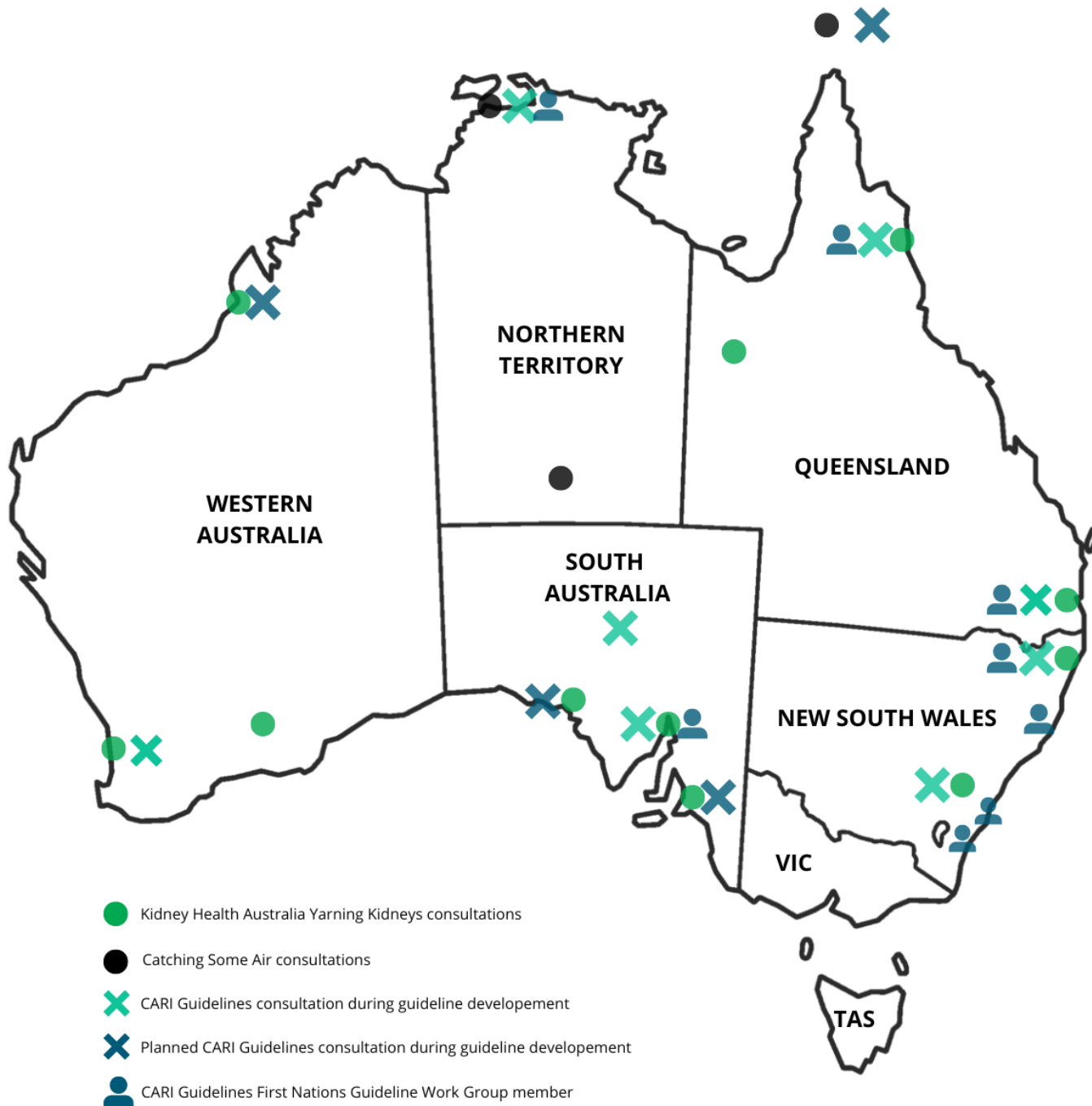
Guidelines Journey






CARI & KHA

- Clinical Experts
- Evidence Based Research
- Community Experts - Community Consultations



Community involvement



-  Kidney Health Australia Yarning Kidneys consultations
-  Catching Some Air consultations
-  CARI Guidelines consultation during guideline development
-  Planned CARI Guidelines consultation during guideline development
-  CARI Guidelines First Nations Guideline Work Group member



'My Kidney Journey' by Inawinyfji Williamson



Guideline launch
18th October 2022

Kanggawodli – community location
Sydney – ANZSM ASM

Recommendations for Culturally Safe Kidney Care for First Nations Australians

1

- REMOVE RACIAL BIAS
- CULTURAL SAFETY

2

- COMMUNITY AND FAMILY INVOLVEMENT

3

- TRANSPORTATION
- ACCOMMODATION NEEDS

4

- FIRST NATIONS HEALTH WORK FORCE

5

- EXPANDED SCREENING AND REFERRAL

6

- PUBLIC AWARENESS
- EDUCATION
- SELF MANAGEMENT

7

- MODELS OF CARE
- PRE-DIALYSIS
- KIDNEY-FAILURE



https://www.youtube.com/watch?v=WkO_Ka-uMyE



Screening and early detection

All Individuals identifying as a First Nations Australian

Kidney Health should be included in the Aboriginal and Torres Strait Islander Peoples Health Assessment



Under 18 Years of Age

Screen for

- Diabetes, hypertension, obesity, cigarette smoking, established CVD & acute kidney injury, family history
- Low birthweight
- Recurrent childhood infections

Consideration of;

- socioeconomic status, regional/rural and remote location, housing status, education level

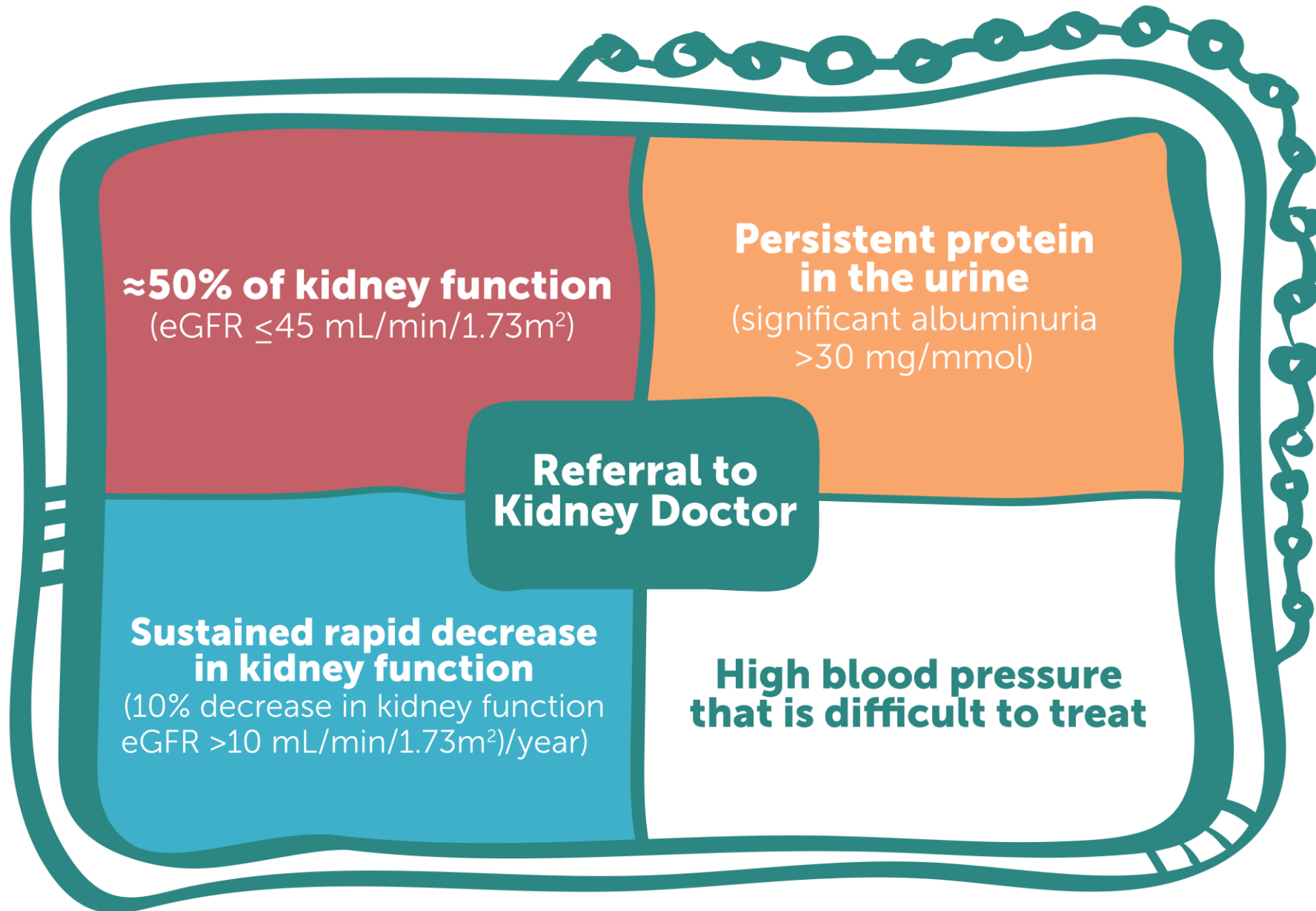
Undertake a kidney health check if appropriate

18 Years or Over

Undertake a kidney health check, including the following tests;

- Blood pressure
- eGFR
- Urine Albumin:Creative ration (ACR)

Referral





**Self Management
Programmes
& Interventions**

Available to
all patients
from the
beginning

Include
the
whole
person

Access to
multiple
specialities
as needed

Long term
investment
& funding

Culturally
Safe

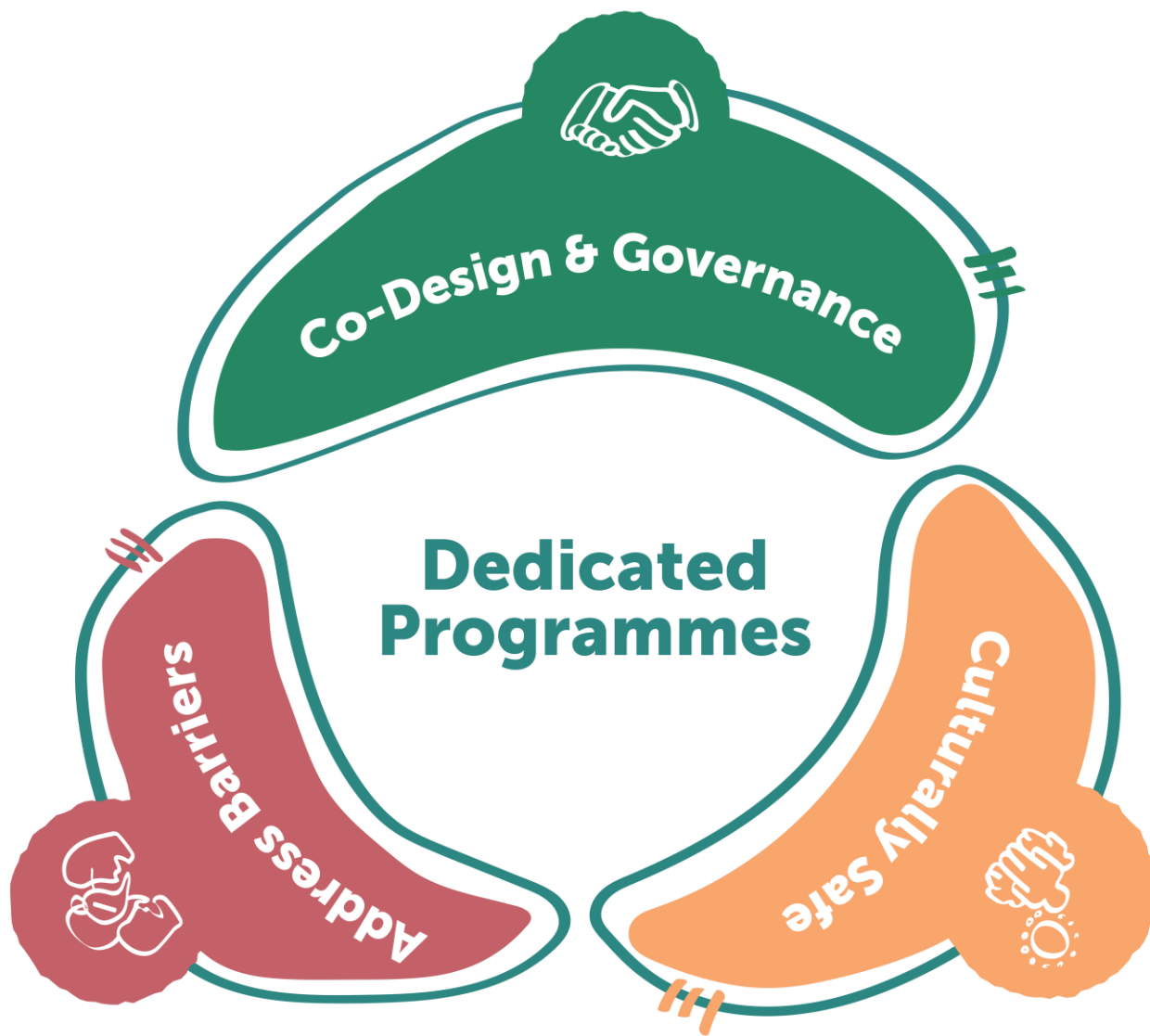
Non-
stigmatising
approach

Active
Listening

Story
Sharing

First Nations
food
knowledge &
customs

Connection
to Country
community
family



Co-Design & Governance

with Aboriginal and/or Torres Strait Islander Peoples.
Be conducted within **community-controlled health services**.
Adhere to **data sovereignty principles**.



Identify & Address Barriers to Care

Institutional racism, geography, transport, out-of-pocket costs to patients & families



Culturally Safe & Tailored to Community needs

Include education and nephrology services using **Telehealth services** (if appropriate)

Considerations

- How to further promote and integrate these guidelines into everyday clinical practice
- The role of partners, leaders and champions
- How to evaluate the uptake of guidelines and responsiveness of care to First Nations patients and family members' needs
- How the guidelines support the current and future focus of culturally safety in Kidney Care in CNARTS
 - IRG
 - Workforce
 - Models of care
- How these guidelines link with quality and safety standards



Standard 2:
Partnering with Consumers



Standard 5:
Comprehensive Care



Standard 6:
Communicating for Safety