

Improving Aboriginal People's Kidney Care Journeys – Kanggawodli Hostel Dialysis



Dr Kim O'Donnell & Kynasha Temple

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Acknowledgment of Country

We acknowledge the land we meet on today is the lands of the Gadigal peoples of the local area of the City of Sydney.

We would also like to recognise their spiritual and physical connection to Country is ever continuing.

We pay our respects to Elders past, present and emerging.

We would also like to pay our respects to any other First Nations people here today



- Dr Kim O'Donnell
- Barkindji and Malyangapa
Western NSW
- Mother and Nanna
- Senior Researcher
Aboriginal Health
University of Adelaide
and Flinders University



Kynesha Temple

- Ngarrindjeri and Narungga
South Australia
- Bachelor of Arts in
International Development
- Research Assistant with
AKction2
- Support worker for National
Disability Insurance Scheme
- Passion- creating culturally
safe spaces, care and practices

Aboriginal Kidney Care Together- improving outcomes NOW (Akction)

Aim:

To provide opportunities for Aboriginal kidney patients and family members, health professionals, health services, academics and researchers to work together to improve kidney care in South Australia.



Kanggawodli Hostel

- Kanggawodli is open 24/7 for Aboriginal and Torres Strait Islander people.
- The hostel is managed by Aboriginal people
- The first Aboriginal hostel to provide dialysis to patients
- Kanggawodli provides accommodation for people visiting rurally



The Results

- A new approach to care was co-designed between community members and managers.
- Two dialysis chairs were placed within an Aboriginal Hostel (Kanggawodli)
- And specialised care provided by both Aboriginal and non-Aboriginal staff
- Aboriginal patients from remote locations most at risk of missing dialysis were prioritised, offered hostel accommodation and holistic support
- This resulted in improved dialysis experiences, attendance and significantly improved overall health and well-being
- Two women have become well enough to return to their remote community dialysis centre for cultural visits



Bringing it back to the Patient Perspective

- Community really like the chairs and there is a long waiting list
- Community was involved in the original consultations, without this, the urgency would not have been recognised
- Patients must be stable clinically to ensure safety
- Mobility- able to transfer into dialysis chair independently



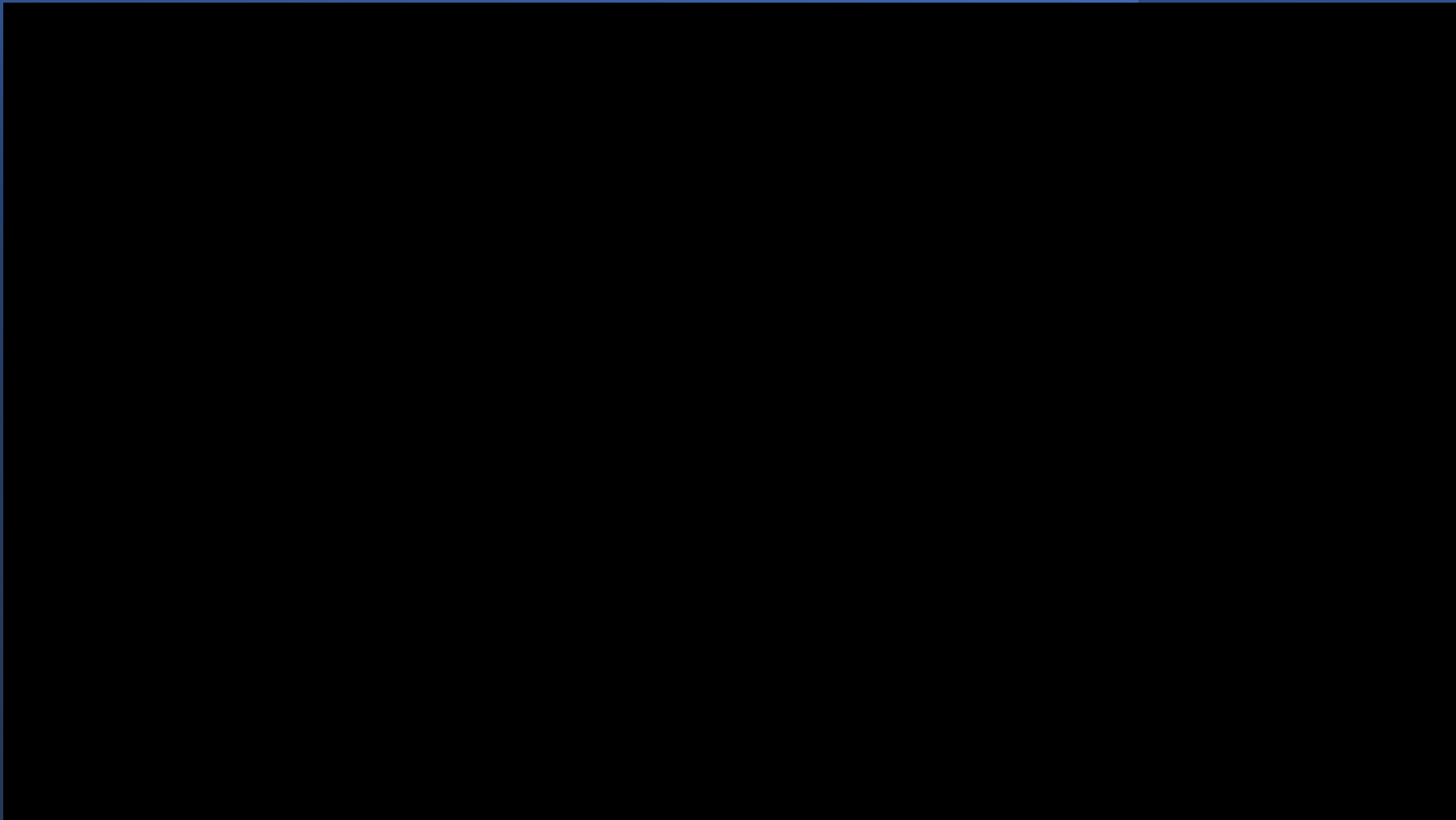
FIRST NATIONS AUSTRALIAN GUIDELINES

Recommendations for culturally safe kidney health services for First Nations Australians



- 1**
 - INSTITUTIONAL RACISM
 - CULTURAL SAFETY
- 2**
 - COMMUNITY AND FAMILY INVOLVEMENT
- 3**
 - TRANSPORTATION
 - ACCOMMODATION NEEDS
- 4**
 - FIRST NATIONS HEALTH WORK FORCE
- 5**
 - RISK FACTORS
 - SCREENING
 - REFERRAL
- 6**
 - PUBLIC AWARENESS
 - EDUCATION
 - SELF MANAGEMENT
- 7**
 - MODELS OF CARE
 - PRE-DIALYSIS
 - KIDNEY-FAILURE
 - TRANSPLANTATION





Outcomes

- Access for Aboriginal and Torres Strait Islander patients
- Transport to and from dialysis
- Make services more culturally safe





COLLABORATORS

