

Aboriginal Kidney Care Together Improving Outcomes Now AKTION2 Newsletter

April Edition, 2024

[AKtion- Aboriginal Kidney Care Together Improving Outcomes Now](#)



the Kurna people as the original owners.

Acknowledgement of Country

We acknowledge the original custodians and
Elders whose lands we live and work upon,

Waterways where cultural practices
continue to thrive, as always.

2024 Newsletter Schedule

- 2) Mar-April end of April
- 3) May- June end of June
- 4) Jul—Aug end of Aug
- 5) Sept—Oct end of Oct
- 6) Nov—Dec out by Christmas



You Are Invited!

On behalf of AKtion2 & Compass, we cordially invite you to our **2024 Key Stakeholder Meeting!**

Thursday, 13th of June

9:30 – 3:00

SAHMRI – Ground Floor

Lunch and light refreshments provided

North Terrace, Adelaide, SA.

Scan or click on the QR Code below to register!



MOORUNDI YARN

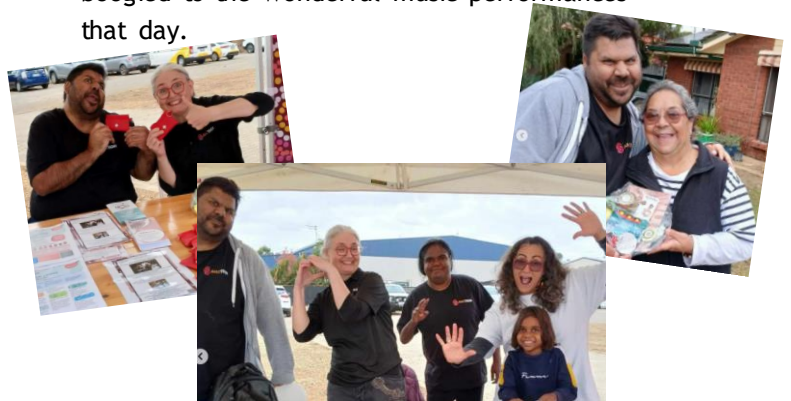
Kim, Kelli, Brandon, Tahlee and Penny travelled to Murray Bridge and yarned with Health Team at Moorundi. We discussed kidney education materials, 715 health checks and the need to encourage testing wee samples, what a kidney health check is, logistics of getting wee and blood tests done, transport, staying strong on country, young ones and kidney disease, and specialist support in Murray Bridge. It was awesome to follow this up at the Moorudni Health Fair.

CLOSE THE GAP

Great day to network and have good kidney and collaborative yarns with a variety of people. Kidney Health Australia joined us at our stall and Billy the KIDney made an appearance.

MOORUNDI HEALTH FAIR

Jared, Marissa & Alana, Kim and Penny were invited to the Moorundi Health Fair held on Friday the 26th of April. Jared reconnected with family and friends from the Murray Bridge region, Kim boogied to the wonderful music performances that day.



YARNING UP WITH MARISA



Marissa is a Warlpiri/Anmatjere woman.

Born in Alice Springs she grew up and lived on Warlpiri country in Yulamu (Mt Helen)

Marissa currently lives on Kurna country in Adelaide with her niece Alana and nephew Calvin. Her favourite bush tucker foods are bush tomatoes and onions and goanna.

HEALTH JOURNEY MAPPING

Zaneta, a colleague within the School of Nursing, and Penny have been yarning with Marissa about her health journey. Alyssa published a methodology paper about journey mapping recently also.

NURSING & CULTURAL SAFETY TEACHING

Over three weeks in May Kelli and her colleague Kate Tyrell will present an education series to renal nurses across Central and Northern Adelaide Renal and Transplant Services (CNARTS). The series is called "Walking in two Worlds - A journey to Culturally Safe Care".

NAIDOC Week 7th – 14th July
Australia and New Zealand Society of Nephrology
Conference – Consumer Workshop

She listens to country music and likes to watch Home and Away and House Hunters. Darwin is a good place for her to visit to unwind and relax.

INDIGENOUS GOVERNANCE

Reference team meetings have been well attended in March & April, and included a smoking ceremony to open the meeting in March and group photos in April.

The progress of the video introduction to the stay strong app has been exciting to be part of and the members have contributed to a wonderful resource that is almost ready to launch.

Members had a good yarn about managing how supply of medications and scheduling when to take the medication. There are so many things that have to happen in order to have the right supply at the right time, and we shared a variety of different strategies for people to stay in control of their medication supply.

PUBLICATIONS

Alyssa Cormick continues to work remotely for Akction and has recently published this article. "Co-designing a Health Journey Mapping resource for culturally safe health care with and for First Nations people"

<https://www.publish.csiro.au/PY/PY23172>

UPCOMING EVENTS

Akction 2 Reference Team June Meeting 6th June in room 1068 open meeting. We welcome community members to come along.

KEYSTAKEHOLDER Workshop 13th June

Sunday 1st September 10:00 to 16:30 (10AM – 4:30PM)