

Decolonising First Nations Chronic Kidney Disease (CKD) from Australian First Nations women's perspectives

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TRUTH.



Acknowledgment

We acknowledge the Gimuy-Walubarra Yidinji and Yirrganydji peoples. We respect their spiritual and physical connections over millennia to this land, its waterways, the sea and sky.

Sovereignty was never ceded.

TRUTH. RIGHTS. RESPONSE.



AKction2: Aboriginal Kidney Care Together- Improving Outcomes Now



Aim:

To improve the experiences and outcomes of kidney care for and with Aboriginal and Torres Strait Islander patients, families and community members and kidney health services in South Australia



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Aktion Reference Team (A2RT)



Chief Investigators

- **Kim O'Donnell**
- Janet Kelly
- **Kelli Owen**
- **Nari Sinclair**
- **Rhane Lester**
- Sam Bateman
- Josee Lavoie

Associate Investigators

- **Odette Pearson**
- **Tamara Mackean**
- Shilpa Jesudason
- Stephen McDonald
- Melissa Arnold Chamney
- Richard Le Leu
- Lisa Jamieson
- Kylie Herman



AKAction 1 extended into AKAction 2

AKAction 1

HTSA/ MRFF funding

2019-2022

- Community Consultations
- Patient journey mapping
- Stakeholder workshops
- Networking - local, NT, international
- New national clinical guidelines



Building relationships & trust

- Aboriginal patients & families • Kidney health professionals
- Researchers • Health services, systems, managers, & decision makers

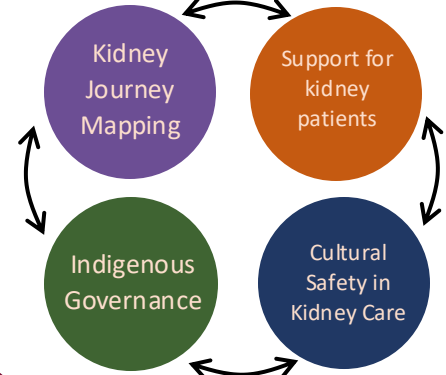


Methods

Decolonising research, working together in a Brave Space

- Yarning • Dadirri (deep listening) • Ganma (knowledge sharing) • participatory action research • Restructuring hierarchies • Aboriginal patients experts positioned as chief investigators

Four sub studies



AKAction 2

5 Year NHMRC Ideas Grant Funding

End goals

Patients & families

Better kidney care, dialysis, transplantation, access, education, prevention

Health professionals

Cultural safety, training, effective partnership, Indigenous workforce

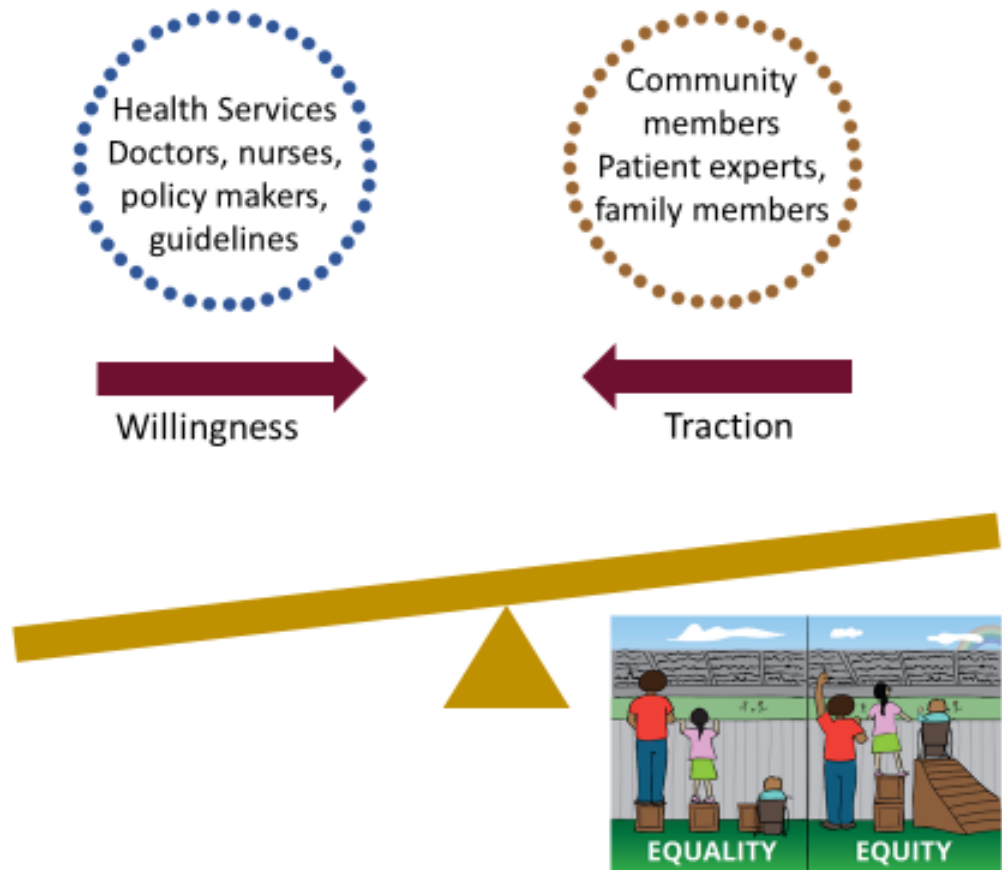
Health services & systems

Improved coordination
Guidelines & standards informed by community
Reducing racism

Colonised Systems



De-colonising Processes



The Whirly Whirly



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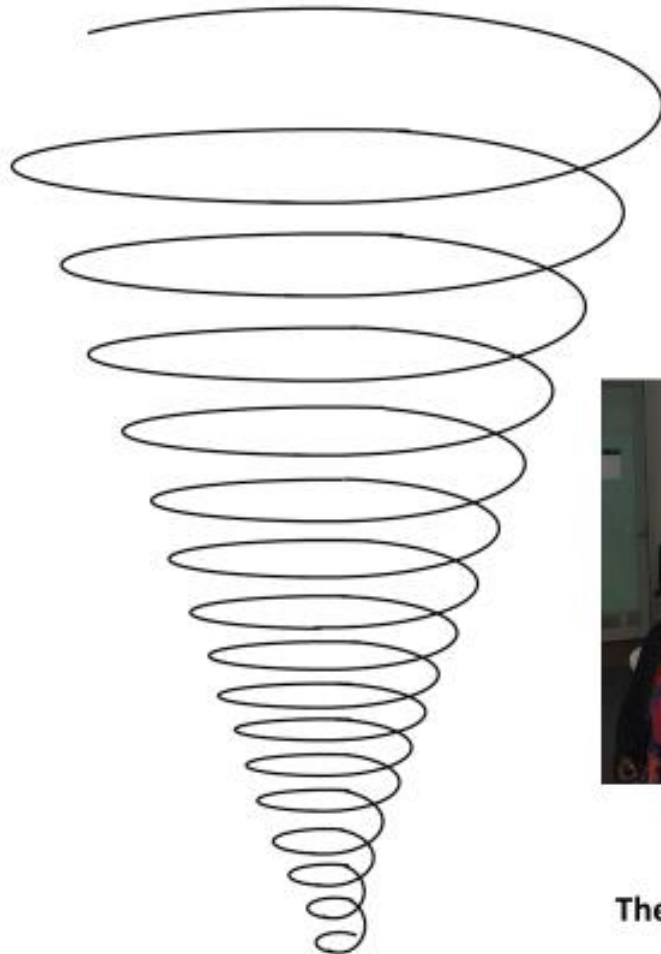




AKtion2
2022-2026
NHMRC Ideas Grant



AKtion1
2018-2022
MRFF 1 year funding grant



Deep Collaborations

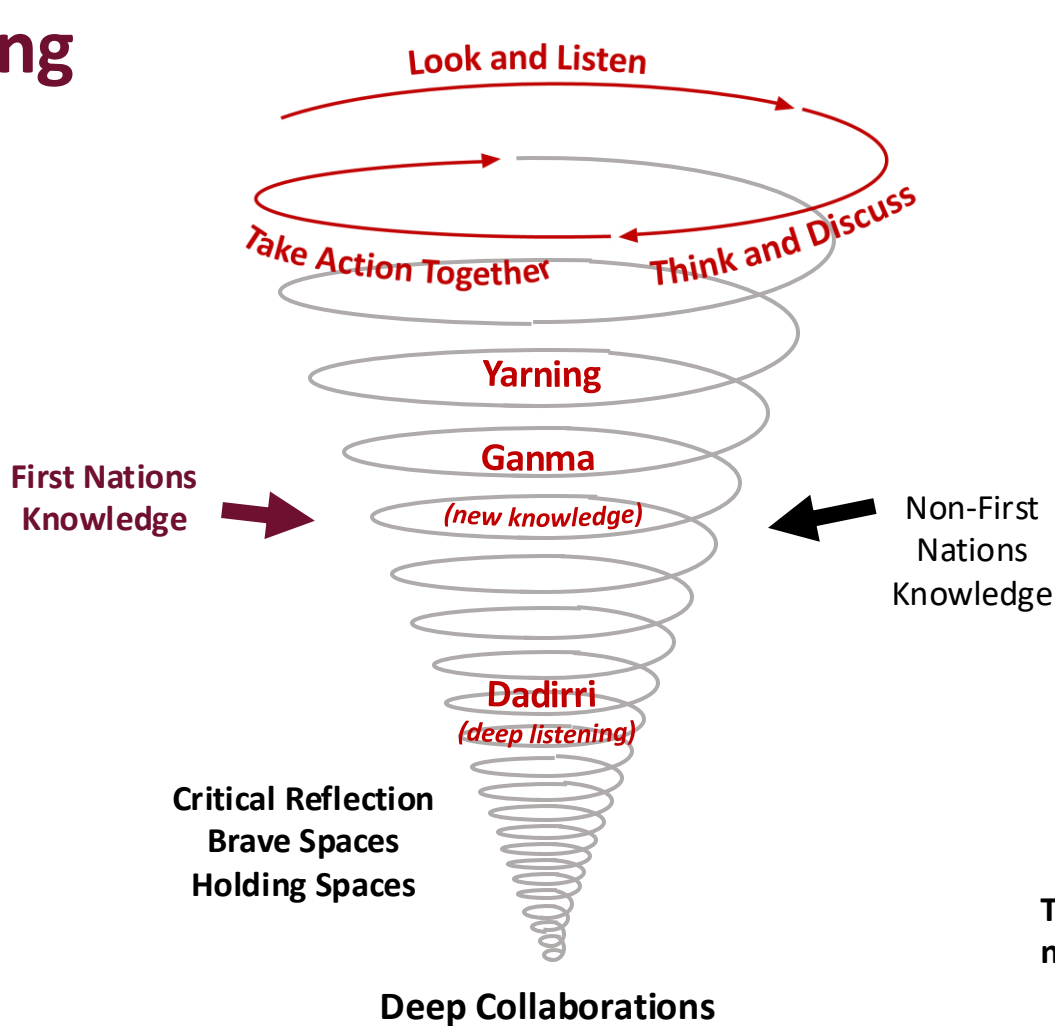


The AKtion Reference Team

Decolonising Re-Search

Challenging colonial Hierarchies structures

Time

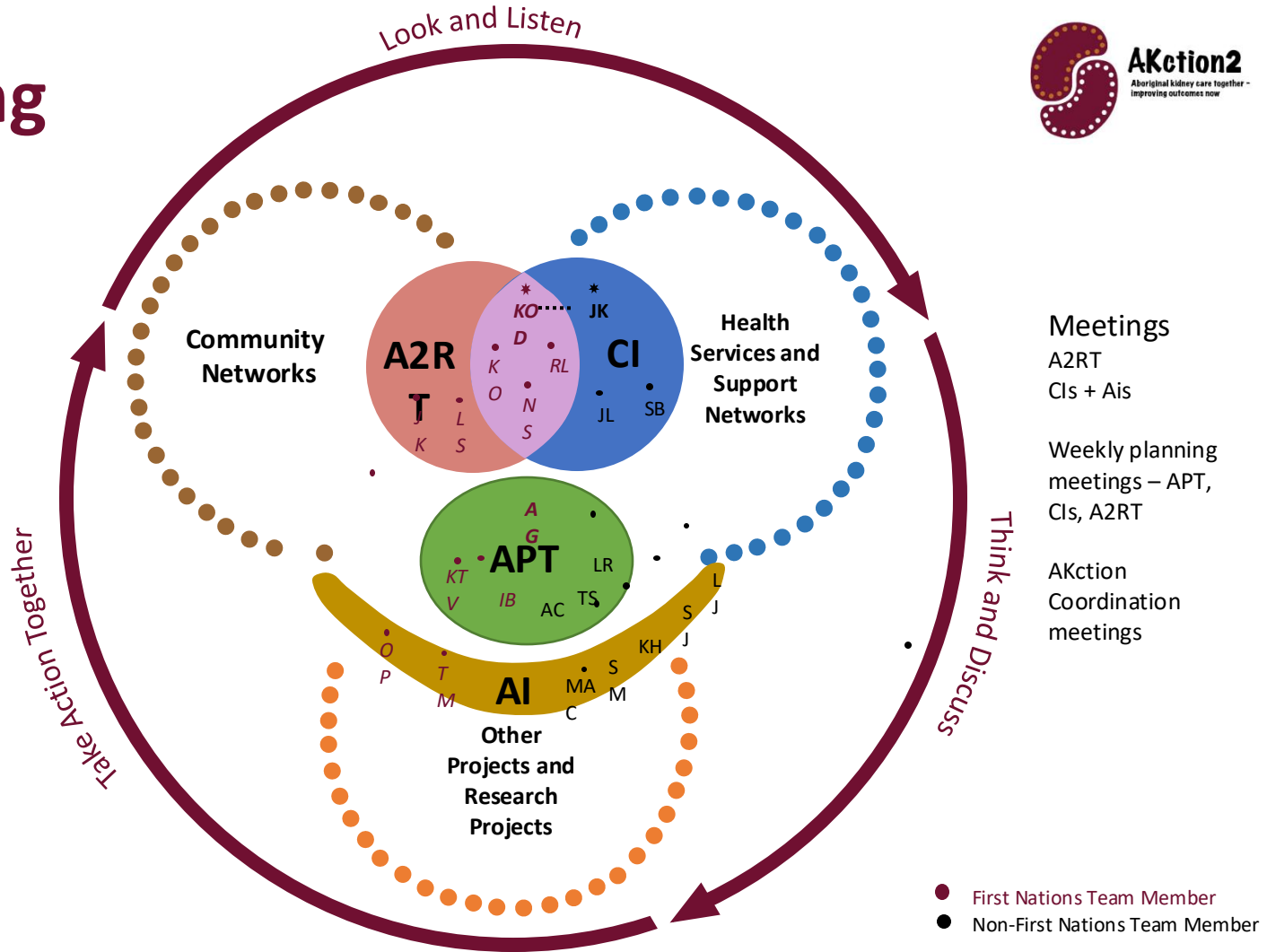


National
Political context
ATM: The
Referendum

Trust and relationships
need to be built and rebuilt

Decolonising Re-Search

Challenging Colonial Hierarchies



A2RT: AKtion2 Reference Team
CI: Chief Investigators
AI: Associate Investigators
APT: AKtion2 Project Team

Results and Outcomes to date

- **Indigenous leadership:** supported by allies and accomplices across the 4 nested projects
- **A Working Together Agreement** developed by the Reference Team underpins this work (a living document)
- **Dialysis at Kanggawodli (Aboriginal hostel)**
- **Smoking ceremonies** for kidney transplantation patients



And much, much more!

- Check out our website here:
 - <https://health.adelaide.edu.au/nursing/aboriginal-kidney-care/>



Insights and Lessons Learned

- Gained new insights into what (attempts at) decolonisation looks like in practice, within a university setting, a research project, and health care sites.
- Reminded of the importance of effective and open communication between people, at all levels.
- The importance of collective accountability to each other and back to communities (circle work)
- Holding brave space to have challenging decolonisation conversations, where egos are left at the door

