

## **AKction 2**

Aboriginal Kidney Care  
Together – Improving  
Outcomes Now!

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## **AKction 1**

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## Who is involved?

### AKction Reference Group

A reference group made up of Aboriginal renal patients and family members is guiding all aspects of this research project, and is working with the Central Northern Adelaide Renal & Transplantation Service (CNARTS) on clinical, policy and research into the future.

### Research Collaborators

Collaborators:

- Aboriginal community members
- Adelaide Nursing School, University of Adelaide
- Central Northern Adelaide Renal & Transplantation service (CNARTS)
- SA Health
- Aboriginal Research SAHMRI
- The Aboriginal Chronic Disease consortium
- Aboriginal Community Controlled Health Services
- Kidney Health Australia
- Purple House
- The Transplantation Society of Australia and New Zealand (NIKTT)

### Research Funding

Aktion1: funded by the Medical Research Future Fund (MRFF) and Health Translation SA.

Aktion2: 5 year project funded by a National Health and Medical Research Council (NHMRC) Ideas Grant.

## AKction1

### Project Aim

The aim of this project was to provide opportunities for Aboriginal kidney patients and family members, health professionals, health services, academics and researchers to work together to improve kidney care in South Australia.

### Methods

- Aboriginal community consultations
- focus groups: Aboriginal renal patients and family members, and health care staff
- patient journey mapping: from perspective of patients, family members, staff and services
- identification of barriers and enablers and effective strategies for improvement
- priority setting and knowledge translation workshops
- education package development for staff and students

### What was achieved

**“Researchers are now listening, this wouldn’t have happened if not for the AKction Reference Group”**

Voices of Aboriginal people with kidney disease were heard and their journeys publicised. Their stories and experiences were shared to inform and improve Health services in South Australia and beyond. CNARTS and SA health specifically developed a new model of kidney care and treatments. AKction also produced community consultation reports, conducted presentations, published articles, and built on the strengths of reference group members, researchers, and students.

## AKction 2

### Project Aim

To improve the experience and outcomes of kidney care for and with Aboriginal patients, families and community members and kidney health services in South Australia.

### Sub Studies

Four interwoven sub studies:

- Indigenous governance
- Kidney journey mapping
- patient support & patient navigators
- cultural safety in kidney care



**Pictured: AKction2 Team(s) members**