

**THIS MAJOR IS ONLY AVAILABLE TO STUDENTS WHO STARTED THEIR MAJOR IN 2016 OR EARLIER**

To fulfil the requirement for the Exercise Science major, you must complete 24 units of study with:

- two courses (6 units) at level I
- two courses (6 units) at level II
- Four courses (12 units) at level III.

Please check [Course Planner](#) for restrictions, pre-requisite requirements, assumed knowledge, and incompatible courses.

For help planning your degree, book a time with a program advisor at [www.bit.ly/spss-centre-bookings](http://www.bit.ly/spss-centre-bookings)

<u>LEVEL I</u>				<u>Units</u>
S1/S2	ANAT SC	1102	Human Biology 1A	3
S2	ANAT SC	1103	Human biology 1B	3
<u>LEVEL II</u>				
S1	HLTH SC	2102	Principles of Exercise Science	3
S1	PHYSIOL	2510	Human Physiology IIA: Heart, Lung & Neuromuscular Systems	3
S1	ANAT SC	2009	Musculoskeletal Anatomy	3
S2	HLTH SC	2101	Fundamentals of Biomechanics & Human Movement	3
<u>LEVEL III</u>				
S1	HLTH SC	3100	Exercise Nutrition & Metabolism	3
S1	PHYSIOL	3120	Neuromotor Control of Human Movement	3
S2	PHYSIOL	3200	Advanced Exercise Science	3
S2	HLTH SC	3201	Exercise Movement & Cognition	3