



Periodontal Instrumentation

Robyn Watson

Saturday 29 July 2017

CPDA D 14/17

Overview

Clinical skills required for providing periodontal therapy most effectively and efficiently may be enhanced and strengthened by viewing all instruments as a total unit rather than as separate entities. This workshop presents innovative instrument designs and solutions driven approaches to meet the inevitable challenges of mechanically treating “invisible” root surfaces and examines the design characteristics of a variety of hand instruments. Participants will be able to review current clinical instrumentation practice in a safe environment, review working posture and hand positioning for optimal clinical technique and reduction of stress injuries, and be able to “test drive” a variety of instruments that will be available and be shown the correct clinical technique for their use.

This workshop will provide practical principles for confronting clinical complications with dexterity, skill and confidence. The appropriate selection of hand and ultrasonic instruments will help to maximise performance, minimise stress, and increase the clinician’s professional satisfaction level.

Topics to be covered

- Review of calculus detection
- Review of graceys and ultrasonics
- Introduction to various debridement scalers

Learning Outcomes

- Be able to recognise components of working posture and adapt hand and body positioning for healthy and safe clinical practice
- Understand the advantages and limitations of various explorer designs for optimal calculus detection
- Demonstrate proper grasp, fulcrum adaptation, insertion, angulation and activation of a variety of periodontal instruments
- Discuss the factors influencing the selection of instruments including the nature, location and extent of deposit to be removed, the accessibility of the deposit or stain, the topography of the tooth surface, the size, contour, consistency and position of the free gingiva, and the design, size and function of the instrument

The Presenter



Robyn Watson is a Dental Hygienist who was educated in the USA and practiced and taught in the USA for many years before returning to her home country of New Zealand in 1994 to participate in the introduction of the first school of Dental Hygiene in New Zealand. Since that time, she has been on the Faculty of the Otago School of Dentistry, the Otago Polytechnic and consulted with the development of the BSc in Oral Health at the Auckland University of Technology where she was a Senior lecturer, and NZDHA representative to the Oral Health Advisory Board of the University. Robyn is currently appointed as a Lecturer in the Department of Periodontics at the University of Sydney. She has served as Vice President and President of the New Zealand Dental Hygienists Association and sat on the New Zealand Dental Council for 6 years. She served on the Oral Health Advisory Group to the Ministry of Health and the New Zealand Dental Health Foundation for four years. Robyn is the President-Elect the International Federation of Dental Hygienists and Chairs the Education and Research committee. She received her Dental Hygiene education at the University of Pennsylvania, her Bachelor's degree in Dental Auxiliary Education at the University of North Carolina and her Masters in Public Administration in Health Services Management from Golden Gate University in San Francisco. Robyn has delivered programmes internationally for several years during which she has conducted seminars for Universities and professional groups in Australia, New Zealand, UAR, Malaysia Germany, Kenya, Korea, Brazil, Nepal, Cambodia, Timor and Indonesia

Course Details

Type	Small group workshop
Day & Date (Hands On)	Saturday 29th July 8:50am – 5:00pm Registration from 8:30am at entrance to Horace Lamb Building Dental Simulation Clinic
Location	University of Adelaide, North Terrace Campus, Adelaide
CPD Hours	See map reference G11 - http://www.adelaide.edu.au/campuses/mapscurrent/north_terrace.pdf
Registration Cost (GST incl)	6.5 Dentist \$715 Dental Hygienist, Oral Health Therapist \$600
Catering	Lunch, morning and afternoon teas included Please advise special dietary requirements when you register
Registration	https://periodontal-instrumentation-2017.eventbrite.com.au

CPDent Adelaide

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